

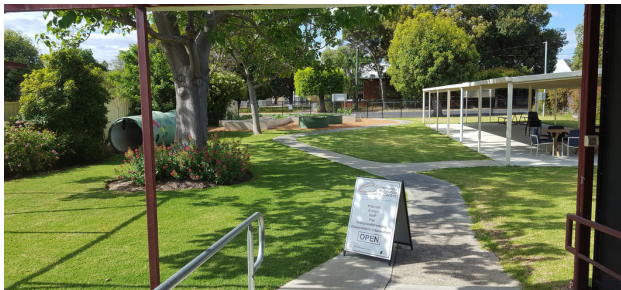
# HARVEY HAPPENINGS



Harvey the Orange

## Harvey CRC's Community Newsletter

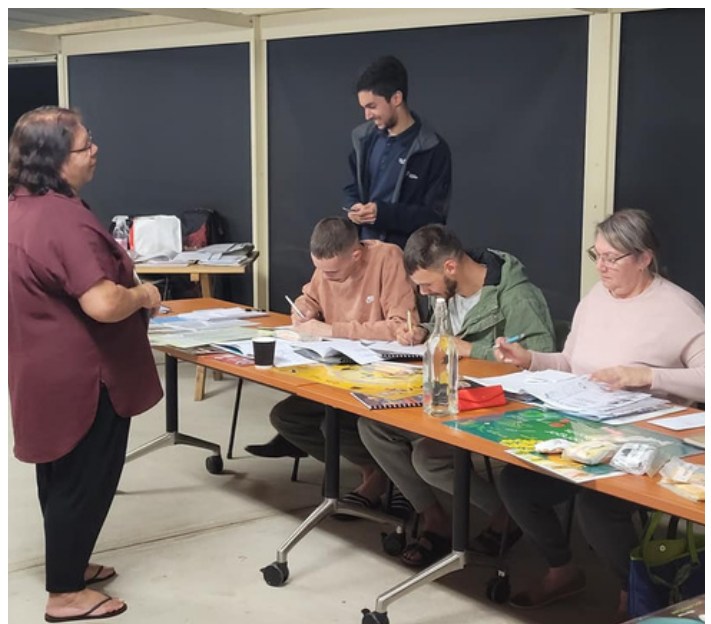
APRIL 2023



### What's in this issue?

- Advertising - Prices
- Regular Events
- Centre Trading Hours
- Advocare Information Session
- Noongar Yarning Circle 2023
- Facts about Autism
- ANZAC Dawn Service
- Don't fret over a new pet - know your rights
- What is Autism?
- Warrior Wellbeing Article
- Eventbrite
- How to avoid hiring a shady tradie
- Yoga in the Garden
- Foodbank - Mobile Food Van
- Multicultural Health Connect
- Backyard Buddies Article
- Growing Citrus
- Outreach Services
- Community Service Announcement
- Meet the Team
- Where are we located?

... and much more!



Week 6 of our Noongar Waangkiny course already!  
Participants are hard at work planning their story books.

If you're interested in joining us in learning Noongar Waangkiny (Language), please get in touch and we will add you to our waiting list.

9729 1669 or [events@harveycrc.com.au](mailto:events@harveycrc.com.au)



## Would you like to advertise in this newsletter?

### Black & White or Colour

6cm x 6cm - \$15.00

12cm x 6cm - \$17.00

1/4 Page - \$20.00

1/2 Page - \$40.00

Full Page - \$60.00

"For Sale" ads (2 lines) - FREE

Ring 9729 1669 or email

[marketing@harveycrc.com.au](mailto:marketing@harveycrc.com.au)

for more information.

May advertising notices and articles due by Friday, 14th April 2023

## Centre Trading Hours

Monday to Friday

8.30am to 2.30pm

(With exception to Public Holidays)

Ring us on 9729 1669 or email [events@harveycrc.com.au](mailto:events@harveycrc.com.au) between: 8.30am and 2.30pm Monday to Friday

For after hours emergencies such as financial/personal assistance, please ring 0419 194 853 OR 9729 1917



## REGULAR EVENTS

### SERVICES AUSTRALIA AGENT

for Centrelink, Medicare, Child Support and My Aged Care Services

### WORKOUTS IN THE GARDEN

TAI CHI - Tuesdays 9.30am

YOGA - Fridays 9.00am

### READY FOR WORK PROGRAM

9.00am to 12.30pm

Quarterly Rotations

### NOONGAR WAANGKINY (LANGUAGE) & CULTURE PROGRAM

Mondays 5.30 to 7.30pm

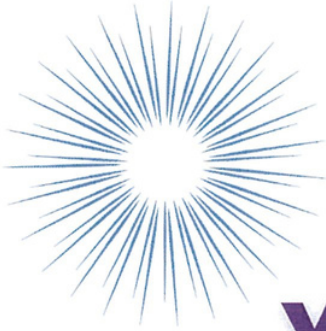
Alternate Thursdays 5.30 to 7.30pm

### MULTICULTURAL SERVICES

How can we support your community? We'd love to hear your suggestions!

### TECHNOLOGY ASSISTANCE

Available by appointment.



**Advocare**  
Empowering older people in WA

# You're covered in the South West!

- Need help with understanding your rights as an older person?
- Need guidance with the aged care system?
- Are you, or someone you know experiencing elder abuse?

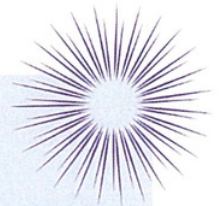
**Local Advocate, Amanda will be visiting to provide support and information at this location:**



Harvey Community  
Resource Centre

Date: 12<sup>th</sup> April 2023

Time: 9:00am – 1:00pm



**Walk-ins & appointments welcome. Call 1800 655 566**



# Noongar Yarning Circle

Facilitated by Sharon Cooke & Karen Jetta  
Bilya Moorditjabinny Training Services

## When:

Commencing Thursday 4th of May 2023

5.30pm to 7.30pm

Running every second Thursday  
(fortnightly) for 10 weeks



**Special event - Yarn with guest Karen Knowles  
Wednesday, 19 April 2023 - 5.30pm to 7.30pm  
Harvey Rec Centre**

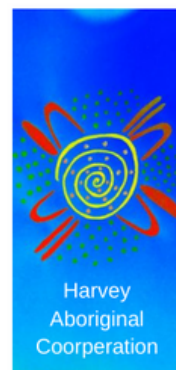
## Where:

Harvey Community Resource Centre  
5 Gibbs St, Harvey WA 6220



## Cost:

\$10.00 per person per session  
(subsidised positions are available for  
eligible participants)



**Register Now**

Contact us:

9729 1669

or

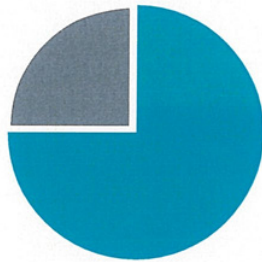
[events@harveycrc.com.au](mailto:events@harveycrc.com.au)

April is **Autism Month** Show your support for an inclusive society

## Facts about Autism



estimated Australians are autistic



more than  $\frac{3}{4}$  of Australians with autism are young  
(between the ages of 5 - 24)



estimated parents/ carers, siblings grandchildren touched by autism daily

205,200

estimated Australians are diagnosed as being autistic

38%



of Australians with autism participate in the workforce (compared with 83.2% of people with no disability)

29%



of people on the autism spectrum have skills that are considered exceptional

70%

of people with autism also have one co-occurring condition, 40% have two or more

For more information about autism please visit The Spectrum website, [www.thespectrum.org.au](http://www.thespectrum.org.au)

For more information about supports and services at Autism SA, scan the QR code or visit [autismsa.org.au](http://autismsa.org.au)



  
The Spectrum

  
autismsa

### SOURCES

Heylens, G., Aspeslagh, L., Dierickx, J. et al. J Autism Dev Disord (2018) 48: 2217. Disability, Ageing and Carers, Australia: Summary of Findings (2015) ABS.

Australian National Survey of Mental Health and Wellbeing (2007) ABS. DSM-5

2022 © Autism SA, All rights reserved  
ASA\_AM\_INFOPOSTER\_22



**ANZAC Dawn Service**  
Tuesday 25th April 2023



Memorial Anzac Cove Gallipoli

Curtesy AWM

**Venue:** Harvey War Memorial  
Cnr Uduc Road & Young Street

**Time:** Commence 6.00 am

**Public most welcome to attend**  
**Followed by "Gunfire Breakfast"**

**ANZAC Memorial Service**

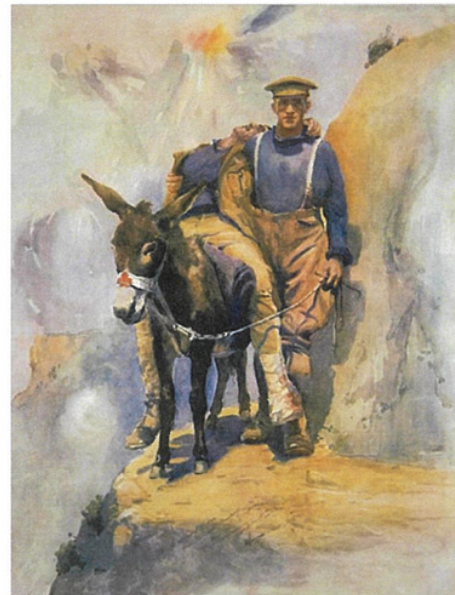
Tuesday 25th April 2023

**Venue:** Harvey War Memorial  
Cnr. Uduc Road & Young Street.

**Time:** Seated by 10.15 am

**Public most welcome to attend.**

**Followed by light luncheon**



Simpson and his donkey

Curtesy AWM



Government of **Western Australia**  
Department of **Mines, Industry Regulation and Safety**



## REGIONAL COLUMN

[www.dmirs.wa.gov.au](http://www.dmirs.wa.gov.au) [www.wa.gov.au](http://www.wa.gov.au)

23 February 2023

**With Senior Regional Officer for the South West, Annetta Bellingeri**

### **Don't fret over a new pet – know your rights**

Buying a pet is a decision many people make with their hearts as well as their heads, meaning it can be a particularly devastating experience when things go wrong with a new companion.

The issues we hear about can vary – from new pets with significant health issues or not matching their description (such as size or pedigree), to breeders taking upfront deposits for litters that are never born.

That's why we have launched a new campaign to help empower new pet owners to understand how the Australian Consumer Law protects them in the same way as it does for other purchases.

Buying from a shop or breeder (that is a business) entitles you to receive an animal that matches its description, be of acceptable quality, free from significant health issues and have a healthy lifespan relative to the breed or species. Any additional promises made about the pedigree, condition, performance or other characteristics must also be upheld by the trader.

This means if you encounter a genuine pet purchase issue, you may be entitled to receive a remedy (such as financial compensation or reimbursement of out-of-pocket expenses) while still being able to keep the animal.

These protections are unlikely to apply to private sales when someone sells a pet on a one-off or ad hoc basis, so extra caution is advised if buying this way.

Ask if you can visit where the pet was born and meet its parents to check it has been well cared for, see how big it is likely to grow and what its temperament may be like.

Avoid pet scams – or inadvertently supporting a puppy farm or poor breeding practices – by not buying online if you can't meet the animal first.

If buying a pet isn't for you, consider adopting a new companion from an animal shelter or rescue.

For more information about your pet-buying consumer rights, visit the Consumer Protection [website](http://www.consumerprotection.wa.gov.au) at [www.consumerprotection.wa.gov.au](http://www.consumerprotection.wa.gov.au). If you have a genuine issue with a new pet and have been unable to negotiate a remedy, contact us on 1300 30 40 54 or email [consumer@dmirs.wa.gov.au](mailto:consumer@dmirs.wa.gov.au)

# What is Autism?

*Autism Spectrum Disorder (Autism) is a complex developmental disability that is neurobiological. This means it relates to how the brain interprets information and responds to it.*

People with Autism experience differences in the way they communicate socially. Their behaviour may be repetitive or narrowly focussed. People with Autism also tend to experience differences with their senses that can affect the way they react to their surroundings.

Although the core characteristics of Autism may cause some challenges, they can also result in special skills and abilities. When getting to know a student with Autism, it is important not only to learn about their challenges but also to recognise their strengths!

## The Characteristics of Autism

People with Autism experience different degrees of difficulty in two core areas – ‘Social Communication’ and ‘Behaviour’. A person’s exact experience in these two areas is specific to them.

For example, some people with Autism will find communicating with others hard, yet have no difficulties with noisy or busy situations. Others may experience the opposite or have different strengths and difficulties altogether.

## Social Communication

In social situations, communication is about more than simply understanding what other people are saying. There are many unspoken rules that underpin social interactions, which change based on the situation and people involved. Some people with Autism speak fluently while others have limited speech or do not talk at all.

## How Social Communication affects students with Autism

Although no two students with Autism will be the same, they all face challenges in interacting and communicating with others. Students with Autism may:

- Prefer to be on their own rather than interact with their peers or with adults
- Not respond when people speak or gesture toward them, even when their name is called
- Make little eye contact with others

While some people with Autism will seek solitude, others may also have a strong desire for relationships – though help with forming friendships is often needed.

## Varying levels of understanding vs communication

It is important to be aware that the communication abilities of a student with Autism is not necessarily equal to their ability to understand and process information.

For example, someone with a very limited ability to express themselves may have a much greater understanding than is immediately apparent. Similarly, someone else who has a high level of verbal skills and is able to get their point across may have great difficulty understanding, processing and reacting to information presented to them.

Students with Autism may:

- Be very ‘concrete’ or literal in their understanding of language
- Have very few words that they can use to express themselves and therefore need communication support
- Talk with ease, particularly about interests that are important to them, with little understanding that others may not be interested





## Behaviour

The following behaviours all fall within the Behaviour area of characterising Autism:

- **Repetitive Actions** – doing or saying something over and over again (including routines)
- **Intense Interests** – a higher degree of interest in a particular topic or activity than others may experience
- **Sensory Processing** – differences in how the person processes information that is provided by their senses, which can result in unusual or unexpected behavioural responses

These behaviours are often connected. When the world is overwhelming and unpredictable, they can give a person with Autism a sense of predictability and comfort.

## Differences in Thinking: Theory of Mind

People with Autism tend to think quite differently, which may lead to some challenges but can also result in some unique strengths. Three concepts that help explain these differences are:

- **Theory of Mind** – the ability to gauge the thoughts, intentions, feelings and mental states of other people (including being able to empathise or 'put themselves in some else's shoes')
- **Executive Function** – the high level cognitive skills that involve managing our thoughts, actions and emotions in order to get things done (such as organisation, focussing, remembering and responding appropriately)
- **Central Coherence** – the ability to pull information together and make sense of it, depending on the situation or circumstance (including being able to look for the 'bigger picture' and overall meaning)



## How differences in thinking affects students with Autism

These differences in thinking can affect students in various ways, including:

- **Challenges with Theory of Mind** – can sometimes be misunderstood as being uncaring, when in fact it is the impairment that may cause them to do or say 'the wrong thing'
- **Challenges with Executive Function** – having trouble getting started on tasks, remembering what to do, multi-tasking, prioritising different tasks, keeping track of activities or personal items and so on
- **Challenges with Central Coherence** – focussing on specific details at the expense of understanding the overall picture of a situation or experience (though this may also mean excellent attention to detail!)



*This content has been extracted from the Autism Association of WA's Autism Heroes Publication.*

*Designed with the Australian National Curriculum in mind, the Autism Heroes Education Pack contains lesson plans, a video and worksheets for students in Years 3–6. It also includes a range of resources that are designed to help you prepare and deliver the pack and to support understanding of Autism within your school. To find out more about this pack, or to purchase a copy visit: <https://autismheroes.autism.org.au/>*

# WARRIOR WELLBEING ARTICLE

## We Are Not The Same – Is It Embedded In Our Masculinity?

BY THE REGIONAL MEN'S HEALTH INITIATIVE  
April 2023

Quite often as blokes we have been told to get in touch with our feminine side. Over time this narrative has been part of the language barrier that has put bloke's positive approaches to wellbeing issues and help seeking in reverse.

There are three parts to our health: physical, mental and social/spiritual wellbeing. The latter is where we find: our identity, our individuality, our own sense of self, our sense of belonging, our passions and interests and our emotional *context* (not a feminine side!)

We are the same species but putting it simply men and women have evolved differently. Our DNA is 99.6% similar but it is that 0.4% difference that we need to talk about and address, because it helps explain why blokes have a warrior attitude to life and in turn helps explain why we seek help differently.

There are three main areas of difference that we talk about in the work we do:

### 1. Communication

- On average blokes will talk one third less than ladies per day (7,000 words to 21,000 words) this starts from a young age from boys through to men. Anyone with a wife, mother, mother-in-law, daughter, or partner will know this. Ladies, talking is a good thing as it helps address/highlight a whole lot of issues.
- It is perfectly normal for blokes to talk in dot points or even just grunt!

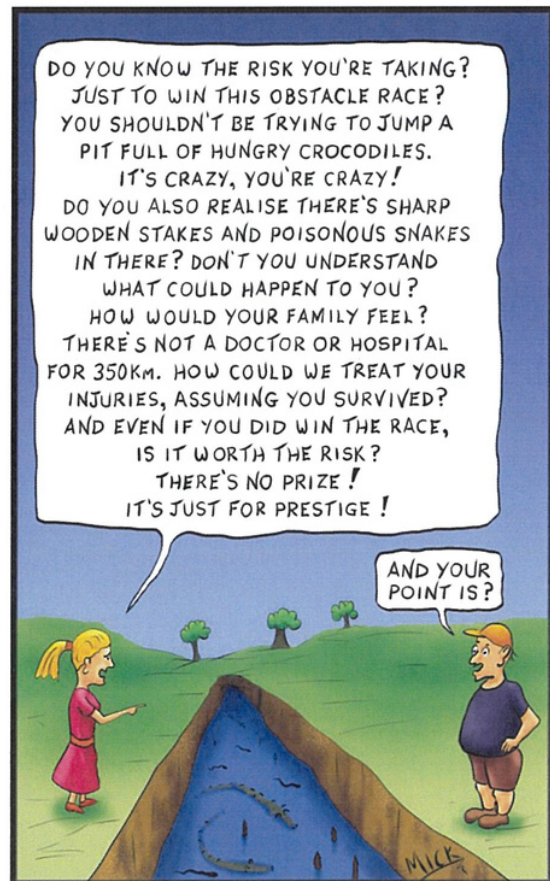
### 2. Risk-taking

- Blokes are hard wired to take risks from an early age. Some of this is linked to our brain development. The brain development stage for a lady is roughly between the ages of 18 to 20 years, whereas for a bloke it is between the ages of 25 to 28 years (some may say 45 to 50 years!)
- As we get older, we get wiser, but we are still hard wired to take risks.

### 3. Winning (an important part of the warrior culture)

- The majority (90%) of Aussie men think winning is important (a trait that can be traced back to our true warrior days, hunting for survival);
- An alarming statistic is that 50% of blokes think winning is all that matters. So quite often blokes don't take a backward step when it comes to finances, relationships and/or business matters.

The importance blokes place on winning, explains why a loss event and/or a sense of loss becomes problematic and can be hard to deal with. Combine this with the lack of understanding of our emotions and we may be a ticking time bomb.



As blokes we need to be more aware of our emotions and that it is alright to show them. We will all experience emotional issues throughout our lives. During these times we should openly express our emotions maybe through a hug or a cry and/or use language that is foreign to us i.e. I am sad, and/or I am struggling here.

*Talk to a Mate®!!* It is beneficial, and you will realise that it's not just you that may be struggling, there's a lot of other blokes out there feeling the same way.

**Remember... before it all gets too much...  
Talk to a Mate®!!**

@RMHI\_4blokes

Working with Warriors Podcast

regionalmenshealth.com.au

# eventbrite



## Harvey Community Resource Centre Inc.

Hosted 8 events total

33 followers

Follow

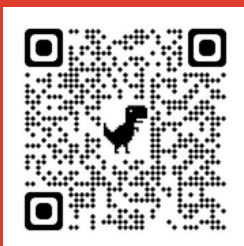
Harvey Community Resource Centre is an independent not-for-profit organisation whose aim is to provide access to government services and economic, business, and social development opportunities to the community of Harvey and surrounding areas. We are supported by the Shire of Harvey and funded by a state government contract, user-pays...

Show more



**Welcome to our Eventbrite!**

**Copy the link below into your web browser or scan the QR code to see our upcoming events and stay up to date with what's happening at the Harvey Community Resource Centre.**



**OR** <https://www.eventbrite.com.au/o/harvey-community-resource-centre-inc-41612924613>



Government of **Western Australia**  
Department of Mines, Industry Regulation and Safety



## REGIONAL COLUMN

[www.dmirs.wa.gov.au](http://www.dmirs.wa.gov.au) [www.wa.gov.au](http://www.wa.gov.au)

02 March 2023

### With Senior Regional Officer for South West, Annetta Bellingeri

#### How to avoid hiring a shady tradie

Whether you need a qualified tradesperson to tackle a home project or a handyman for a quick repair, it's important to know the operator you've hired is trustworthy and reliable.

While the majority of tradies do the right thing, we are contacted by disgruntled consumers about the minority that don't.

In the past 12 months, we have received 579 complaints about those working in trades industries, mostly to do with them failing to exercise due care and skill, as well as wrongly accepting payment.

One trader we strongly urge consumers to avoid doing business with is Kyle John Graham Feisst (also known as Chris Johnson or John Miller), an air-conditioning installer and builder of custom vehicle trailers.

Mr Feisst, who advertises under numerous business names on Facebook Marketplace – including Perth Refrigeration & Air Conditioning Repairs; Wat4Now Customs (also spelt Wot4Now Customs); Perth Air Services; and Aim Mechanical – has so far refused to resolve the 42 outstanding complaints we have received from consumers claiming to be owed \$62,000 for incomplete or no work.

To avoid being left in the lurch if a tradie fails to deliver or goes broke, we always recommend only paying a minimal deposit of about 10 per cent or, for larger jobs, negotiate progress payments as stages of the work are completed.

Paying by credit card is a good option as it provides the protection of getting a chargeback if the goods or services aren't delivered.

Pricing and overcharging are other common issues reported to us, so always get several quotes to compare prices and avoid any surprises once the job is complete. Ensure tradies are licensed (if required) or accredited by trusted industry bodies and search online for positive or negative reviews. Verify claims by asking to see previous work and speaking to past clients.

Ask to see a certificate of currency for public liability insurance, which will protect you or third parties against any damage the tradesperson may cause.

Conduct a licence search for professions such as an electrician, builder or plumber, on Building and Energy's website at [www.dmirs.wa.gov.au](http://www.dmirs.wa.gov.au). More information and advice about hiring tradespeople is on our [website](http://www.consumerprotection.wa.gov.au) at [www.consumerprotection.wa.gov.au](http://www.consumerprotection.wa.gov.au)



# Yoga in the Community Garden

Join Chloe and Gabriella at the Harvey CRC Community Garden for Yoga each Friday morning from 9am to 10am during Term One.

You will be guided by experienced teachers who offer classes suitable to all levels.

Yoga helps with supporting good mental health outcomes and improves flexibility as well as many other benefits.

Join Now

Kids - FREE  
Seniors - \$10  
General - \$15



Contact us:

9729 1669  
events@harveycrc.com.au

## Call 1800 186 815 for health information in your language

### Multicultural Health Connect

- ✓ Get free health advice from a nurse
- ✓ Find doctors, hospitals and community health centres near you
- ✓ Learn more about Medicare and how it can support you
- ✓ Learn about COVID-19, including vaccinations

healthdirect





Department of  
Primary Industries and  
Regional Development

# Backyard Buddies

Your monthly guide to pests, weeds & diseases

April 2023

## Understanding Aphids



Green peach aphid (*Myzus persicae*) giving birth to nymph on a potato leaf (©2023 DPIRD)

Aphids are small, soft-bodied, sap sucking insects which belong to the order Hemiptera. Let's examine some unique biological features about aphids to better understand why they are so difficult to control.

- **Host plant range:** Many species of aphids can feed on a wide range of host plants, which makes it difficult to control infestations in mixed plantings. These aphids are referred to as 'polyphagous' and includes the green peach aphid which feeds on a wide range of crops including vegetables, fruit trees, and ornamental plants.
- **Rapid reproduction:** Aphids can reproduce asexually through a process called parthenogenesis, where females give birth to live young without mating with a male. This allows aphid populations to grow rapidly under favourable conditions, and some species produce 20+ generations a season.
- **Developmental plasticity & dispersal:** Aphids can produce alates (winged aphids) in response to changes in environmental conditions. A drop in food quality, overcrowding or increased

predation pressure can alter their development and produce winged individuals to aid in aphid dispersal.

- **Ant mutualism:** Some species of aphids have a mutualistic relationship with ants, which can protect them from predators and parasitoids. This can make it difficult to control aphid populations without also addressing the ant presence.
- **Insecticide resistance:** Some aphid populations have developed resistance to commonly used insecticides, which can make control even more challenging.

Understanding these factors can help you develop effective strategies for managing aphids. This may include cultural practices like removing infested plants, biological control methods like introducing natural predators or parasitoids, and careful use of insecticides that are effective against the specific aphid species present.

If you don't recognise the aphid you are trying to control, please report it.

## Report suspect pests



MyPestGuide™ Reporter  
via app or online  
[mypestguide.agric.wa.gov.au](http://mypestguide.agric.wa.gov.au)



Pest and Disease Information Service  
(08) 9368 3080  
[padis@dpiird.wa.gov.au](mailto:padis@dpiird.wa.gov.au)



Anglicare WA

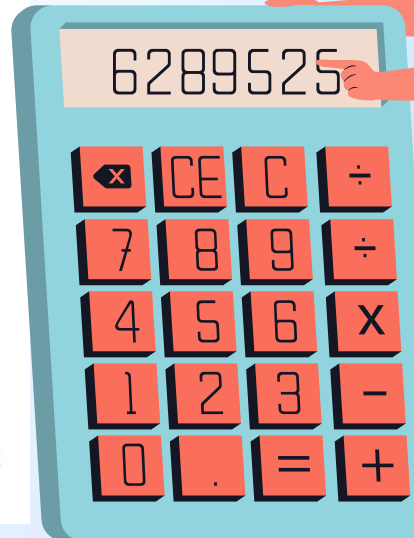
## Want to better manage your finances?

Financial Counsellors provide non-judgmental, free, independent and confidential financial information, advice and advocacy.

We help to understand which debts are priorities, develop budgets understand the pros and cons of different options to manage financial issues, negotiate with creditors and provide referrals to other services.

**When:** Every second Wednesday of the month  
**Where:** Harvey Community Resource Centre  
 5 Gibbs Street, Harvey

To book a spot contact us:  
 T: 9720 9200



## GROWING CITRUS

A few helpful tips to improve your citrus growing.



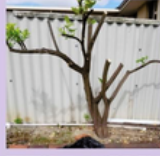
Citrus trees grow a wide spreading, but very shallow root system that needs to be cared for to have a healthy, productive tree.



When growing in a lawn area it is important to not allow any grass to grow under the tree. Create a grass free area wider than the tree canopy and always keep heavily mulched to keep the root system cool. Any fertilizer applied should be added around the outer area of the bed. Water & fertilizer will not be robbed by the grass also roots & trunk will not get damaged by mowing.



When creating garden beds to grow citrus trees ensure the beds are wider enough for the future growth of the tree. Again this is to allow the root system space to grow and can be mulched to keep tree roots cool. Minimise planting directly under trees with annual plants so root disturbance regularly is avoided.



Where ever possible avoid harsh pruning of trees, especially over hotter months. Light and regular trims to clean out dead stems and increase airflow are the main requirements. Reducing the size overall yearly will do less damage and avoid harvest reductions. Aim for pruning straight after harvest. Exposing the main branches and trunk to direct sunlight will cause sunburn damage which results in bark peeling and often branch or tree death.



When growing in pots ensure they are repotted regularly when they are young to allow for root growth. Aim for pots at least 100Lts in size to grow established trees long term. Try to avoid placing potted trees on surfaces that will heat up in summer i.e paving & concrete & in locations that are exposed to strong winds. Mulch the soil surface regularly, especially in summer. Grouping pots or placing them into or near garden beds will create microclimates that will trap moist air and reduce water evaporation over warmer months.



When planting trees in open exposed location, mulch large areas around each tree, not just the soak ring area. Ensure wind barriers are installed either individually or around the whole orchard. Artificial barriers should still be if planted wind breaks are not fully grown.



# NOLA **MARINO** MP

Federal Member for **Forrest**

*Focused on Forrest*

 Grand Cinema Complex, Units 7 & 8, Cnr Victoria and Clifton Streets, Bunbury WA 6230

 9721 3788  [Nola.Marino.MP@aph.gov.au](mailto:Nola.Marino.MP@aph.gov.au)  [nolamarino.com.au](http://nolamarino.com.au)  [nola.marino.mp](https://www.facebook.com/nola.marino.mp)

Authorised Nola Marino MP, Liberal Party of Australia, Grand Cinema Complex, Victoria Street, Bunbury WA 6230.



## JUSTICE OF THE PEACE SERVICES AVAILABLE

*By appointment only.*

CONTACT US TO MAKE A BOOKING



(08) 9729 1669



[events@harveycrc.com.au](mailto:events@harveycrc.com.au)







# FOODBANK Mobile Food Van

19th April 2023

9.30am to 10.15am

(Referral is needed to access this service)

Harvey Community Resource Centre  
5 Gibbs St, Harvey WA 6233



## Robyn Clarke

MURRAY-WELLINGTON

*We're in this together*

📞 9531 3155

✉️ robyn.clarke.mla@mp.wa.gov.au

📘 Robyn Clarke MLA

Authorised by R. Clarke, Shop 1,  
Pinjara Junction Shopping Centre, Pinjara WA 6206

Kubota

## LIFESTYLE RANGE



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**Ron Kruger**

Manager/Director



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ron@rkcabling.com.au  
Harvey and surrounding suburbs  
www.rkcabling.com.au

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Phone points  
Mounting TV's  
Fiber Optic

Reg No: T50600

## Harvey Aboriginal Corporation

Harvey Aboriginal Corporation now outreach at the Centre.

Their services will be available by appointment only. If you have an issue that you would like assistance with, please contact Lesley Ugle on **0497 672 513** or email her at [harveyabcorp21@gmail.com](mailto:harveyabcorp21@gmail.com).

If you're unable to reach Lesley, please call us on **9729 1669** and a message will be relayed for you.

## GP Downsouth

GP Downsouth is a not-for-profit community organisation providing health and well-being services in the South West and Peel regions of WA.

In the Peel region, they operate Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre, the Peel Youth Medical Service (including the 3 Tier Youth Mental Health Program) and the Peel Mobile Health Service. In the South West, they provide Mental Health Services, Community Child Health Service and Aboriginal Health Services.

**Call 9754 3662 for appointments**

## SMYL Community Services

For participants of the Parents' Next Program. This program is a "pre-employment" project that assists parents with young children to identify their education and employment goals, develop a pathway to achieve their goals and link them to activities and services in the local community.

**Available every Tuesday  
9.00am to 2.30pm**

**Appointments Essential**

**Call 1300 215 391 for appointments**

## South West Community Legal Centre

The South West Community Legal Centre is a not-for-profit, independent community organisation committed to delivering legal advice and information to low-income and disadvantaged people in the South West region of Western Australia.

**Call 9791 3206 for appointments**

## atWork Australia

### **Building Better Working Lives**

atWork Australia is a leading employment services provider working with Australians across the nation. We empower job seekers, supporting them to build better working lives.

**Available every Wednesday and  
every second Thursday  
9.00am to 4.00pm**

**Appointments Essential**

**Call 1300 192 632 for appointments**

## Anglicare Financial Counselling

Anglicare WA's Financial Counsellors are qualified to:

- Make assessments
- Provide information and options to address financial problems
- Assist with resolutions if necessary
- Advocate and negotiate with creditors
- Make referrals to other useful services in the community
- Provide information about government assistance
- Support a client in developing their own budget
- Relay relevant information about consumer credit and bankruptcy

Services include solving immediate problems and also teaching clients how to maintain their own financial stability.

**Available every second Wednesday  
9.30am to 2.30pm**

**Appointments Essential**

**Call 9720 9200 for appointments**



# Community Service Announcement



## Do you know what services your CRC provides to the community?

### Access to government services

- Access to local and state government information and services
- Centrelink/Medicare and Child Support Services Access Point
- Department of Veterans Affairs enquiries
- Multicultural Affairs enquiries
- General information and support

### Economic and business development support

- Referral services to business development and employment support
- Facilitation of business development activities, seminars and initiatives
- Business incubation support services; i.e. hot office and internet
- Video conference services
- Information and support

### Social development support

- Referrals to social support services, i.e. NDIS and other health and welfare professionals
- Facilitation of social development activities, seminars and initiatives
- Information and support
- Free computer and technology lessons for seniors, and beginners aged 30 to 50

### Services and products

- Social enterprise approach to provide access to services and products which have strong local demand but are not economically viable to deliver in a for-profit business model
- Essential secretarial services such as; faxing, printing, photocopying, scan/emailing, photo printing, binding, laminating and typing
- Room hire for private or business use

### Building community connections

- Communication strategies including our community newsletter, website and social media
- Community social events
- Engagement with community via feedback, surveys and community group meetings



Ring 9729 1669 or email [events@harveycrc.com.au](mailto:events@harveycrc.com.au) for more information about our services.

for all emergencies outside of regular opening hours, contact the Centre Manager  
on 9729 1917 or email [manager@harveycrc.com.au](mailto:manager@harveycrc.com.au)

# The Team's Expanded!



**Jo, Tracey-Ann, Holly, Jehan, Sarah and Leesa**

## WHERE IS YOUR CRC LOCATED?



### Would you like to subscribe to this newsletter?

You can do that by going to the website, [www.harveycrc.com.au](http://www.harveycrc.com.au) and completing the details on the home page

OR

Just ring us on 9729 1669 and one of our friendly staff would be happy to subscribe for you.



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Thank you for supporting your local CRC!

**We are proud to have received the support of the following organisations over the last twelve months**



Department of  
Primary Industries and  
Regional Development



Mentally Healthy WA



Australian Government

Department of Veterans' Affairs



Australian Government

Services Australia



Australian Government

National Emergency Management Agency