

### **ADVERTISE IN THIS NEWSLETTER**

Black & White or Colour Business Card Sizing - \$12.00

6cm x 6cm - \$15.00

12cm x 6cm - \$17.00

1/4 Page - \$20.00

1/2 Page - \$40.00

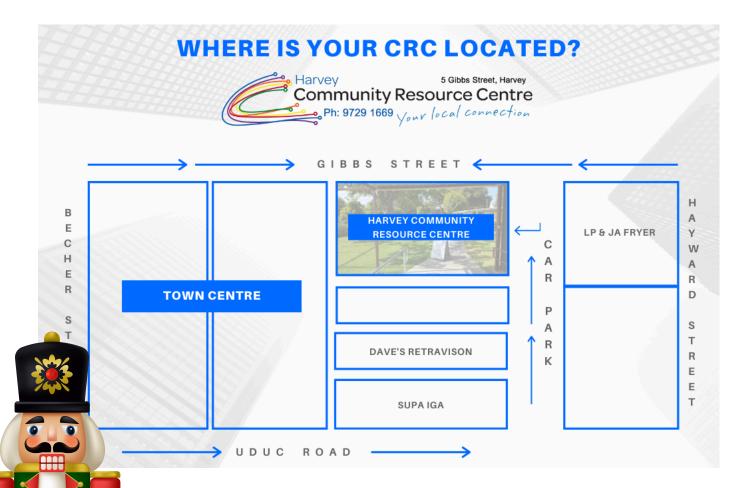
Full Page - \$60.00

Advert Design / Hr - \$32.00

Ring 9729 1669 or email marketing@harveycrc.com.au for more information.



**Harvey the Orange** 



## **Centre Trading Hours**

Monday to Friday 8:30am to 2:30pm (With the exception of Public Holidays)

## Would you like to subscribe to this newsletter?

You can do that by going to the website, www.harveycrc.com.au and completing

the

details on the home page, drop us an email at marketing@harveycrc.com.au

Just ring us on 9729 1669 and one of our friendly staff would be happy to help you.



## **HOLIDAY OPEN HOURS**

MONDAY 22 DEC - 8.30 AM TO 2.30 PM TUESDAY 23 DEC - 8.30 AM TO 2.30 PM WEDNESDAY 24 DEC - 8.30 AM TO 1.00 PM

THURSDAY 25 DEC - CLOSED FRIDAY 26 DEC - CLOSED

MONDAY 29 DEC - 8.30 AM TO 2.30 PM TUESDAY 30 DEC - 8.30 AM TO 2.30 PM WEDNESDAY 31 DEC - 8.30 AM TO 1.00 PM

THURSDAY 1 JAN - CLOSED FRIDAY 2 JAN - CLOSED

#### Please Note:

Should you need any emergency assistance during the festive period please contact us, we may be able to offer some help during this time.

HRISTMA



YAY TO THE HOLIDAYS



## **OUR VISITING OUTREACH**

## **SERVICES**

#### Oseca - (Formerly GP Down South)

Oseca (Formerly GP Downsouth) is a not-for-profit community organisation providing health and well-being services in the South West and Peel regions of WA. In the Peel region, they operate Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre, the Peel Youth Medical Service (including the 3 Tier Youth Mental Health Program) and the Peel Mobile Health Service. In the South West, they provide Mental Health Services, Community Child Health Service and Aboriginal Health Services.

> **Consultations: Monday fortnightly and** Wednesday weekly **Appointments Essential** Call 9754 3662 for appointments

#### Accordwest

"Here for you in your time of need" Emergency Relief is available to individuals and families throughout the South West Region. The following will be required: 2 forms of ID, recent income statement or payslip and further documents may be requested.

> By Appointment Only Call 1800 115 799 for appointments

#### **Busy Group**

The BUSY Group is a not-for-profit organisation that began in 1977 with a vision to have more people in jobs, more people learning new skills, and more communities exposed to positive change, in partnership with employers and industry.

**Available Mondays & Thursdays** Call (08) 6165 3362 for more information or to make an appointment



### **Anglicare Financial Counselling**

Anglicare WA's Financial Counsellors are qualified to:

- Make assessments
- Provide information and options to address financial problems
- Assist with resolutions if necessary
- Advocate and negotiate with creditors
- Make referrals to other useful services in the community
- Provide information about government assistance
- Support a client in developing their own budget
- Relay relevant information about consumer credit and bankruptcy

Services include solving immediate problems and also teaching clients how to maintain their own financial stability.

> **Available every second Wednesday** 9.30am to 2.30pm **Appointment is Essential** Call 9720 9200 for appointments

#### **Youth Focus**

Youth Focus has launched a new service to support young people and their families in Capel and Harvey. The Care Navigation Service helps young people aged 12 to 25 connect with the right services and support in their community, based on their current needs. The Youth Focus Care Navigator can provide you with information, resources, and guide you to the services you need

**Available fortnightly on Tuesday** Call 0439 108 380 for more information or to make an appointment



## HAPPENINGS AT THE CRC











transformation.

All proceeds to the Harvey Christmas and Community Appeal

## STAYING IN PLACE

To support you living independently with your Home Care Package





WE CAN OFFER HELP WITH:

CLEANING
LAWN MOWING
SOCIAL OUTINGS
GARDENING
TRANSPORT

Come in to the CRC and speak with Michele



## RILEY OLDE - CRC



It has almost been 18 months since I began working here at the HARVEY COMMUNITY RESOURCE CENTRE (HCRC) and wow, has this been a once in a life time opportunity, which I know will help me in my future more than I know now

From the many people I have come to meet and to know I hope that I have been able to be a welcoming person who, when needed is there for you in the community

If I wrote down all the things I have learnt here I am sure it would not even fit on this page but if I had to put it into one word I would just say it was



Service to the Community
Service to my colleagues
Service even when not at work



And being authentic to everyone I meet so that everyone knows that I am here to help and support others

Although it is very sad to say bye, I am off to serve a full time 2 year mission for The Church of JESUS CHRIST of Latter-Day Saints (LDS) in Ecuador speaking Spanish.

I will be back and I look forward to catching up with everyone then

Have a great Christmas and a safe New Year

\*NOTE: I will still be at the HCRC up until February when I leave





## UNMISSABLE **EVENTS**

#### **Rick Price**

Don't miss Aussie music legend Rick Price live in concert! With hits like Heaven Knows, gold & platinum albums, and 30+ years of soulful songwriting, this unforgettable night is more than a show – it's a heartfelt musical homecoming.

() 7.30pm

Fri 28 November

MRCC Function Room Dinner plus show available



#### **Harvey Indoor Markets**

Harvey Indoor Markets is the place to browse, shop, and soak up good vibes with family and friends. With 50+ stalls, live music, food offerings and a fun-filled atmosphere, this is your chance to support local makers and find that one-of-a-kind gift.

(1) 9am

Sat 6 December

• HRCC

★ Live music



#### **Christmas Skate Night**

Our Christmas-Themed Skate Night is packed with games, activities, and awesome prizes - plus, we're inviting everyone to dress up in their best Christmas costumes! So come on out, dress up and skate with us!

(5) 5pm

Fri 12 December

O HRCC

★ Pre-primary to year 7



#### Brenda Lee Jazz Duo

Immerse in the world of jazz with Brenda Lee in our first Morning Melodies for 2026! Brenda's vocal character is deep with sultry tones, exuding an unquestionable trueness of essence in jazz improvisation.

(10.30am)

Tues 10 February

⊕ HRCC Function Room ★ Morning Tea provided

Scan to book tickets or to find out more information about upcoming events!













## WARRIOR WELLBEING ARTICLE



# Progression Planning (Succession) Relationships First

BY THE REGIONAL MEN'S HEALTH INITIATIVE December 2025

Progression Planning is about retaining family relationships in the progression/succession process by looking at the people issues before dealing with the financial and business aspects. It is often the unspoken expectations of family members that can lead to the difficulties experienced. If farming families looked at the relationship aspects and the people issues, of their business as part of the progression plan there would be less stress and misunderstanding.

Why Progression? Mixed messages are received and given using the word succession. For most it means the king is dead who is the next king? Progression is not just a business transaction; it is primarily about relationships. One of the greatest risks to a farming family's viability, in the long term, is relationship breakdown that we often don't see coming. Progression shifts the focus to how we move the family-owned business into the next era or generation and how the older generation can successfully make the transition to the next phase of their lives. Progression encapsulates these options.



Effective communication allows for awareness, understanding and a basis to reach agreement on issues. Communication must be maintained to both reduce distress and for our positive wellbeing. In fact, many people don't talk about progression until it's too late and/or put it off because it is too difficult.

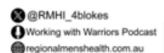
The following key topics in progression planning need to be canvassed in detail:

- Family communication, it all starts here.
- What is the farm business? Allows understanding of the business the family are involved in.
- Stakeholders, who's involved? It is important to empower all parties to have a role in the progression planning process.
- What do stakeholders want? Questions to ask our spouse/partner and children about progression and/or retirement and business development.
- Transition period. You must establish an agreement that is suitable to your requirements. It's not going to happen overnight.

We need to make Progression Planning discussions part of normal conversation in our business. Only the minority, amongst family-owned businesses, have any documentation around farm and/or business succession. Families must lead the way and own the process, no one can do it for us. Some simple rules that influence good progression planning are:

- Sort the relationships first.
- Debate the issues openly and with those that matter.
- Start planning early, when your kids leave school, the plan should be in place and understood.
- When children come to work on the farm and/or in the business, be clear on where it is going (sell the business not the land or building).
- Seek outside help for more than financial and legal matters (involve more than just the farm consultant, accountant and/or lawyer).
- Have a handover strategy and stick to it.

Remember not all businesses will be able to have a successful progression/succession outcome, for a variety of reasons. Maintain those relationships first, to give it the best shot. A quote from Warren Buffett that fits in well with progression/succession matters... Don't do what others say, just listen to them, and do what you feel good with.







## **Backyard Buddies**

Your monthly guide to pests, weeds and diseases

December 2025

## The WA Christmas tree, stealing the show (and water!)



A Nuytsia floribunda flowering in Perth bushland, a close view of the characteristic golden yellow blooms.

Christmas is just around the corner, and that means the glorious Western Australian Christmas tree, or moodjar in Noongar (Nuytsia floribunda), are in bloom! Not only are they our state's most iconic summer-flowering tree, but they're one of the botanical world's most fascinating survivalists!

#### A tree like no other

The WA Christmas tree is found exclusively in the south-west corner of Western Australia, from Geraldton to Esperance. Growing up to 10 meters tall, it's a member of the mistletoe family (Loranthaceae) and holds the remarkable distinction of being the world's largest hemiparasitic plant. From late November through January, these trees put on a stunning display, with masses of vibrant orange-yellow flowers that can be spotted from a distance across the landscape.

However, the real show happens underground.

The Christmas tree's roots can send out specialised structures called haustoria that seek

out and tap into the roots of neighbouring plants, stealing their water and nutrients. They are indiscriminate in their parasitism, grasses, shrubs, even other trees become unwilling hosts. There are stories of road crews encountering Christmas trees trying to parasitise underground cables, with their root attachments causing significant damage!

Despite this vampiric lifestyle, the Christmas tree produces its own leaves and photosynthesises like any normal tree. Meaning it is a hemiparasite (only partially parasitic). These parasitic adaptations allow it to access water during WA's notoriously dry summers, and extract nutrients, in an environment of nutrient-poor, sandy soils that dominate the region.

So these holidays, why not jump in the car, or go for a bushwalk and see if you can spot some of these incredible plants found nowhere else in the world.

Wishing you a very merry Christmas from the Backyard Buddies team!



#### Report your observations

MyPestGuide® Reporter via app or online mypestguide.agric.wa.gov.au Pest and Disease Information Service (08) 9368 3080 | padis@dpird.wa.gov.au











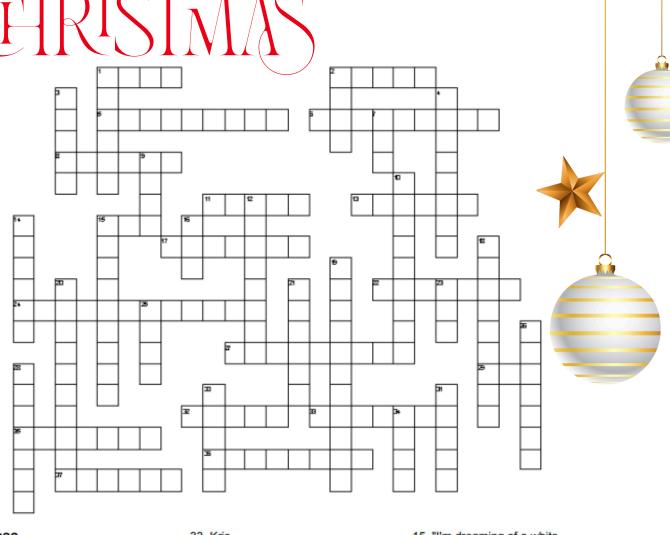












#### ACROSS

- 1 The mother of Christ.
- 2 People often mail these to friends and acquaintances.
- 5 Santa's home and workshop are located here.
- 6 Traditional red-and-white-striped candy.
- 8 Santa's vehicle.
- 11 A Christmas song.
- Christmas.
- 15 If you a live Christmas tree, you must throw it out after the holidays.
- 17 A treat commonly left for Santa.
- 22 They followed a star to find the Christ child.
- 24 The night before Christmas.
- 27 Decorations commonly hung on
- 29 The color of Rudolph's nose.
- Claus

- 33 Kris
- 35 A "door" for Santa.
- 36 St.
- 37 These electric decorations were introduced as a safe replacement for candles on Christmas trees.

#### DOWN

- 1 Baby Jesus had this for a bed.
- 2 Naughty children may find a lump of this in their stockings.
- 3 "not a creature was stirring, not
- 4 People who go door to door singing Christmas songs.
- 7 If you a live Christmas tree, you may plant it after the holidays.
- 9 Another word for present.
- 10 These should be hung by the chimney with care.
- 12 The animals that travel with Santa.
- 14 Christmas Eve services are held

- 15 "I'm dreaming of a white
- 16 A colorful decoration often added to the top of a package.
- 18 Angels announced Jesus' birth to these people.
- 19 These spicy holiday cookies are often shaped as people.
- 20 This type of Christmas tree may be used year after year.
- 21 A round object often hung on a
- 23 A small person who helps Santa.
- 25 Santa's preferred beverage.
- 26 He guided Santa's sleigh one foggy Christmas Eve.
- 28 String this to decorate the Christmas tree.
- Nicholas.
- Christmas!
- 34 One of the three gifts the wise men brought to the Christ child.





#### Regional Column

### TOOLS FOR FINDING THE RIGHT TRADIE

Whether you're planning some home improvements or just need a quick repair, finding the right tradesperson can make all the difference. Most tradies are hardworking, honest professionals who do great work. But every so often, Consumer Protection hears from people who've been left disappointed, out of pocket, or worse by the few who don't play by the rules.

But how to do you choose the right tradie for your job? Take the time to do a bit of homework as it will save you headaches later on. Get multiple written quotes to compare price and value, and it's best these are given in-person. There has been a rise in scammers impersonating real tradespeople on online 'find-a-trade' platforms, asking for photos of jobs and sending fake invoices to trick people into paying.

Nothing beats the power of word-of-mouth. Recommendations from neighbours, friends and family can go a long way toward finding someone reliable and trustworthy.

Don't be shy about asking for references or to see previous work. A good businessperson should never have a problem with this. If they do, that's a red flag.

When you're looking to hire an electrician, gas fitter, builder, painter or plumber it's important to check they're licensed on wa.gov.au (https://www.wa.gov.au/organisation/building-and-energy/building-and-energy-licence-and-registration-search)

One of the most common complaints Consumer Protection receives is about tradies who demand large deposits upfront and then fail to start or complete the job. Paying too much before any work begins puts you at risk, especially if the tradesperson goes broke or disappears.

While there's nothing wrong with a tradie asking for deposit, it's best to only pay around 10 per cent. For larger jobs try to negotiate progress payments as stages of the work are completed. Doing these things will reduce your risk and give you greater bargaining power if something goes wrong.





## TOOLS FOR FINDING THE RIGHT TRADIE CONT.

It's worth noting, if your job involves home building works valued at more than \$7,500, the law says you can only be asked to pay a deposit of 6.5 per cent or less before work begins.

Paying by credit card is another smart move, as it may allow you to get your money back through a chargeback if goods or services aren't delivered.

From time-to-time things legitimately do go wrong. If a tradie needs to cancel a job after taking a deposit without providing any goods or services, they are required to return that deposit in full. On the other hand, if they need to increase the quote after they've accepted a deposit you are allowed to back out of the agreement and also get your full deposit back.

Similarly, if part of the job is unsolicited (for example, a tradie is already at your house fixing a tap and then offers to replace your hot water system) the law gives you a 10-business-day cooling-off period. During this time, they can't start work or ask for payment, and you can change your mind without any penalty.

Sometimes delays are genuinely out of a business's control, such as bad weather, postal holdups or supply chain issues. In these cases, it's best to give the business the opportunity to offer a solution, like a refund or a replacement. The same applies if the job wasn't completed to the expected standard.

Remember most tradies do the right thing, but the Australian Consumer Law protects consumers from the ones who don't.

If you can't resolve issues with the tradie first, you can lodge a complaint with Consumer Protection via www.consumerprotection.wa.gov.au, email consumer@lgirs.wa.gov.au, or call 1300 30 40 54.



MERRY CHRISTMAS





#### Services Offered

Transport service

Aged Care Respite NDIS-Short term accommodation Home cooked meals Dementia services Social assistance Social groups Domestic services

#### **Specialising in Respite**

Homely appointed rooms Group or individual activities Pick up and drop home Short outings to places of interest Planned or unplanned



### Contact the Team today!



08 9725 4699

Info@mhi.org.au www.mhi.org.au



Fully compliant organisation - trust and reliability

## **SHOOTING RABBITS?**

Peel Harvey Biosecurity Group needs your help to track calicivirus immunity in local\* wild rabbits.

We can supply you with a shooter's pack that contains everything needed to collect blood samples in the field.



For more info: feralanimals@phbg.org

\*Rabbits must come from property within our operational area, which includes the local government areas of: Serpentine-Jarrahdale, Murray, Waroona, Harvey, and the City of Mandurah.

More about us: www.PHBG.org



# 4 Ingredients

## MINI-CHRISTMAS PLUM PUDDINGS

Serves 24 puddings

#### **Ingredients**

• 500g Christmas cake or heavy fruit cake

- ½ cup rum
- 300g white chocolate broken
- 12 red glace cherries cut in half



#### Instructions

- 1. Place the cake and rum into a blender or food processor and blend until combined.
- 2. Refrigerate for 30 minutes
- 3. Line a tray with wax paper.
- 4. Use a teaspoon to scoop out generous portions of the mixture.
- 5. Roll into balls and place on the tray.
- 6. In a microwave-safe bowl, melt the chocolate, stirring every 30-seconds until creamy, set aside 5 minutes, then dollop half a teaspoon of chocolate on the crest of each ball quickly securing a half glace cherry to the warm chocolate as you go.





## Merry Christmas and a Happy New Year

Thank you to everyone who has worked hard, volunteered, supported a neighbour, or contributed in any way to making our community a better place. Your efforts truly make a difference.

On behalf of myself and the electorate team, we wish you a joyful Christmas and a safe, restful and refreshing start to the New Year. We look forward to continuing to serve and support you in 2026.

The Electorate Office will be closed on Wednesday 24 December 2025 and will re-open on Tuesday 6 January 2026

Emails will be monitored during this time - if your matter is urgent please email

David.Bolt@mp.wa.gov.au

David Bolt MLA

Member for Murray-Wellington











## **CHRISTMAS IN THE CITY**

Celebrate the magic of the festive season at Bunbury's biggest Christmas celebration!

The City of Bunbury's Christmas in the City returns on Sunday 14 December 2025, bringing the community together for a full day of family fun, festive cheer and local pride.

Enjoy the Christmas Street Parade, soak up the festive atmosphere at the Carols Concert, and be there as we announce the winner of Bunbury's Christmas Lights Competition.

With live entertainment, community performances, food trucks and plenty of holiday spirit, it's a day not to be missed.







#### **POLICY**

Articles are included in this newsletter at the editor's discretion and may be edited for clarity and space. Published articles become public domain and may be reproduced at any time.

#### **DISCLAIMER**

The editorial team accepts no liability for any of the information, errors or omissions in this newsletter. All views expressed are those of the contributor.

Thank you for supporting your local CRC!

## **Further Information**







We are proud to have received the support of the following organisations over the last twelve months

### Proudly supported by:











### **Proudly Members of**









