



Harvey the
Orange



HARVEY HAPPENINGS

FEBRUARY/MARCH 2026



Wellness Expo

Come and join us for all things
Health & Wellness

Stop by for a friendly chat with local
business participants and learn how they
can help support your wellness journey.

FRIDAY 27th MARCH 2026

09:00am - 2:00pm

Advocare

Carers WA

Next Gen Wellness

Moon Blossom Yoga

Harvey Bowling Club

Shire of Harvey

Empowerment2Be

Harvey Community Radio

Cancer Council WA

Hendicare

Youth Care

Reformer You Pilates

My Gypsy Wife

Wings of Change

Zumba with Laney

The Healthy Alternative WA

Broken Colours Art

Thermomix

MK Fitt

Wellington Medical

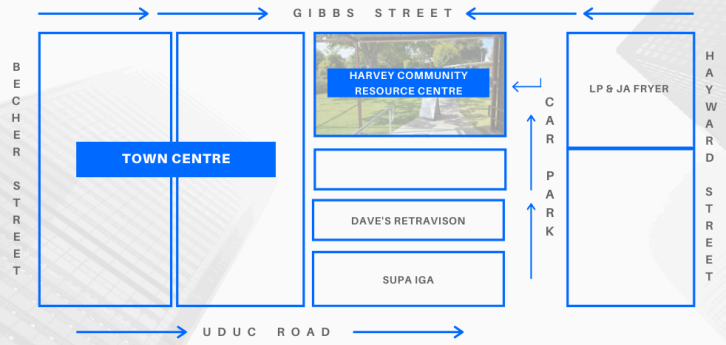


Centre Opening Hours

Monday to Friday
8:30am to 2:30pm
(With the exception of
Public Holidays)

WHERE IS YOUR CRC LOCATED?

Harvey
Community Resource Centre
5 Gibbs Street, Harvey
Ph: 9729 1669 *Your local connection*



ADVERTISE IN THIS NEWSLETTER

Black & White or Colour
Business Card Sizing - \$12.00

6cm x 6cm - \$15.00

12cm x 6cm - \$17.00

1/4 Page - \$20.00

1/2 Page - \$40.00

Full Page - \$60.00

Advert Design / Hr - \$32.00

Ring 9729 1669

or email

marketing@harveycrc.com.au
for more information.

Would you like to subscribe to this newsletter?

You can do that by going to the
website, www.harveycrc.com.au
and completing the
details on the home page, drop
us an email at
marketing@harveycrc.com.au
OR

Just ring us on 9729 1669 and one
of our friendly staff would be
happy to help you.

**DISCOUNTED
RESOURCES**

**Large
Laminating**

**20%
OFF**



PRICES

Laminating

	Current	Discounted
A4 Page	\$2.00	\$1.60
A3 Page	\$4.00	\$3.20
A2 Page	\$5.00	\$4.00
A1 Page	\$6.00	\$4.80
A0 Page	\$7.00	\$5.60

Posters & Business Cards

Please see staff for prices & quotes

ONLY AVAILABLE - FEB & MAR 2026



FOODBANK VAN SERVICE UPDATE:

The foodbank van will now be visiting the Harvey Community Resource Centre **WEEKLY**

1st week of the month - Tuesdays: 9:00am to 9:45am

2nd week of the month - Thursdays: 12:00pm to 12:45pm

3rd week of the month - Tuesdays: 9:00am to 9:45am

4th week of the month - Thursdays: 12:00pm to 12:45pm

FOODBANK
Mobile Food Van
NOW IN HARVEY WEEKLY

03 FEBRUARY 2026, 9:00 - 9:45am
12 FEBRUARY 2026, 12:00 - 12:45pm
17 FEBRUARY 2026, 9:00 - 9:45am
26 FEBRUARY 2026, 12:00 - 12:45pm

(Concession cards are no longer required. To make use of this service, just come into the CRC for a referral)

Eftpos or pre-paid vouchers only. NO CASH.

Harvey Community Resource Centre
5 Gibbs St, Harvey WA 6220

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Mobile Food Van
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Eftpos or pre-paid vouchers only. NO CASH.

Harvey Community Resource Centre
5 Gibbs St, Harvey WA 6233

Oseca - (Formerly GP Down South)

Oseca (Formerly GP Downsouth) is a not-for-profit community organisation providing health and well-being services in the South West and Peel regions of WA.

In the Peel region, they operate Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre, the Peel Youth Medical Service (including the 3 Tier Youth Mental Health Program) and the Peel Mobile Health Service. In the South West, they provide Mental Health Services, Community Child Health Service and Aboriginal Health Services.

**Consultations: Monday fortnightly and
Wednesday weekly
Appointments Essential
Call 9754 3662 for appointments**

Youth Focus

Youth Focus has launched a new service to support young people and their families in Capel and Harvey. The Care Navigation Service helps young people aged 12 to 25 connect with the right services and support in their community, based on their current needs. The Youth Focus Care Navigator can provide you with information, resources, and guide you to the services you need

**Available fortnightly on Tuesday
Call 0439 108 380 for more information
or to make an appointment**

Accordwest

"Here for you in your time of need"

Emergency Relief is available to individuals and families throughout the South West Region. The following will be required: 2 forms of ID, recent income statement or payslip and further documents may be requested.

**By Appointment Only
Call 1800 115 799 for appointments**

OUR VISITING OUTREACH SERVICES

Anglicare Financial Counselling

Anglicare WA's Financial Counsellors are qualified to:

- Make assessments
- Provide information and options to address financial problems
- Assist with resolutions if necessary
- Advocate and negotiate with creditors
- Make referrals to other useful services in the community
- Provide information about government assistance
- Support a client in developing their own budget
- Relay relevant information about consumer credit and bankruptcy

Services include solving immediate problems and also teaching clients how to maintain their own financial stability.

**Available every second Wednesday
9.30am to 2.30pm
Appointment is Essential
Call 9720 9200 for appointments**

Busy Group

The BUSY Group is a not-for-profit organisation that began in 1977 with a vision to have more people in jobs, more people learning new skills, and more communities exposed to positive change, in partnership with employers and industry.

**Available Mondays & Thursdays
Call (08) 6165 3362 for more information
or to make an appointment**

Hendercare

At HenderCare, we provide in-home health and community support to older people (aged care services) and those living with a disability (disability support services). We provide services to people of all ages and can deliver services on either a short or long-term basis.



Tai Chi
Every Tuesday
from 9:30am...
Enjoy morning
tea after

events@harveycrc.com.au
5 Gibbs Street, Harvey WA 6220



Financial Counselling.

It's more than
budgeting.

We visit Harvey CRC
Wednesday fortnightly

Call 9720 9200 for an
appointment.



**AVAILABLE
NOW**

END-OF-LIFE PLANNING

**FUNDED SUPPORT
SERVICE**



HOW CAN WE HELP?

ENDURING POWER OF ATTORNEY

Provision of Enduring Power of Attorney
Kit and related documents. Alternatively,
make an appointment with one of our
team to take you through the process.

HEALTH DIRECTIVE

Access Health Directive documents or
make and appointment with one of our
team to support you to complete the
documents.

ENDURING POWER OF GUARDIANSHIP

Access to Enduring Power of Guardianship
Kit and related documents. Alternatively,
make an appointment with one of our team
to take you through the process.

MYHEALTH RECORD

One of our friendly team will assist you to
link your MyHealth Record to your MyGov
account.

Anything else?
Just ask!

WE MAY ALSO BE ABLE TO HELP WITH

WILLS

Support to complete an online Will - basic
Wills only (fees and charges will apply), or
referral to a lawyer to draw up a Will for a
reduced fee - collaborative partner.

MY AGED CARE WA

One of our friendly team will help you to
apply online for access to My Aged Care
WA.



Palliative Care
Western Australia
Living, dying & grieving well

This project has been made possible through a Linkwest grant funded by WA Primary Health Alliance
as part of the Australian Government's PHN Program



events@harveycrc.com.au
www.harveycrc.com.au

**JUSTICE OF
THE PEACE
SERVICES AVAILABLE**
Tuesdays by appointment only

CONTACT US TO MAKE A BOOKING
(08) 9729 1669
events@harveycrc.com.au



4 Ingredients

Savoury Italian Slice

Serves 6 serves

**FREE SIMPLE
RECIPE YOU
CAN TRY AT
HOME**

Ingredients

- 100 g kale chopped
- 140 g roasted red capsicums (from a jar) chopped
- 1/4 cup sliced spring onions
- 8 eggs well beaten
- 100 g feta crumbled

Instructions

- Line the slow cooker with baking paper.
- Line the base with kale.
- Top with capsicum and spring onions.
- Pour the eggs over the vegetables.
- Season with sea salt and cracked pepper, then sprinkle with feta.
- Cook on HIGH for 1 to 2 hours, or until set when a knife inserted in the centre removes clean.



Recipe Notes

Optional: Serve each slice with a drizzle of sweet chilli sauce or a small dollop of sour cream.



**To support you living
independently in your own
Home**

We can also support you with
managing your funds and
services under Support at
Home (SaH)



Michele is now at:

**HARVEY CONNECT - Thursdays from
8.30am to 4.30pm**

**HARVEY CRC - Fridays from 8.30am to
4.30pm**



KEY PARTNERS





February 2026

European wasp surveillance in full swing



European wasps have been observed foraging for water at a public swimming pool and scavenging on a meat and vegetable stew.

The annual hunt to detect and eradicate European wasps (*Vespula germanica*) from WA is in full swing!

The European wasp is a declared pest and must be reported. The early detection of this species is critical to preventing its permanent establishment and spread. This 2025/26 season is heating up and there are nests being located and destroyed across the Perth Metro, Albany (Mira Mar/Spencer Park), and Napier. Active monitoring continues in Bunbury and Geraldton due to prior outbreaks.

These are huge areas to monitor, so please keep your eyes peeled and report anything suspect.

What to look for

There are similar looking black and yellow wasps in WA, so look for these key characteristics:

- **Scavenging** on human food and drinks, fruit like grapes, apples and stone fruit, pet food, and roadkill/dead rats etc.
- **Nest underground** - nests are HUGE, grow larger than a basketball in a single season, and have a small (golf ball sized) entrance hole.
- Completely **black antenna**.
- **Legs up** in flight (rear legs don't dangle).

Common detections

There are many everyday activities that take place where people have detected and reported European wasps. These include:

- **Scooping the pool** – finding drowned wasps.
- **Cleaning fish** – seeing scavenging wasps flying around fish cleaning stations.
- **Barbecuing / picnicking / eating at outdoor café/restaurants** – seeing wasps land on food and drinks.
- **Feeding pets** – wasps often land on pet bowls or dog bones, often disrupting pets feeding.
- **Drinking from a water fountain** – seeing wasps foraging for water.

Learn more or report

For more information about the eradication program and how to differentiate European wasps from other wasp species, see [European wasps: declared pests in Western Australia | Department of Primary Industries and Regional Development](#) or contact our Pest and Disease Information Service (PaDIS).

Reports of suspected European wasps can be made to PaDIS or the MyPestGuide® team. Please include as much information as possible (location, activity observed) and any photos where you can.



Report your observations

MyPestGuide® Reporter via app or online mypestguide.agric.wa.gov.au

Pest and Disease Information Service (08) 9368 3080 | padis@dpiird.wa.gov.au

FREE!

NOONGAR

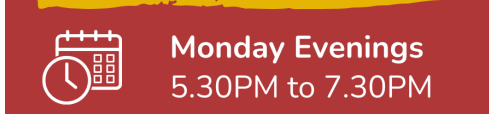



**NOONGAR
WAANGKINY**
LANGUAGE CLASSES

9 Feb	9 Mar
16 Feb	16 Mar

LANGUAGE CLASSES		9 Feb	9 Mar
		16 Feb	16 Mar

9 Feb	9 Mar
16 Feb	16 Mar
23 Feb	23 Mar
2 Mar	30 Mar



 **Monday Evenings**
5.30PM to 7.30PM



 **Bilya Moorditjabiny**
25 Hayward Street
Harvey WA

“Fun, engaging and safe way to learn our First Nations language”
Previous participant

“Fun, engaging and safe way to learn our First Nations language”
Previous participant



 **REGISTER NOW** info@harveyac.org.au

 **REGISTER NOW** info@harveyac.org.au



**NOONGAR
WAANGKINY**

YARNING CIRCLE

Thursday 5
5pm - 7pm

FREE!

Thursday Evenings
5.30PM to 7.30PM
Bilya Ma

Thursday Evenings
5.30PM to 7.30PM
Bilya Ma



 **Bilya Moorditjabinj**
25 Hayward Street
Harvey WA



12 Feb
16 Feb
12 Mar
26 Mar
23 Apr
7 May
22 May
4 Jun



Harvey WA

REGISTER NOW

info@harveyac.org.au

HARVEY REGIONAL COUNCIL

Australian Government
Indigenous Languages

Bija Murrumbidgee

Harvey WA

REGISTER NOW

info@harveyac.org.au

HARVEY REGIONAL COUNCIL

Australian Government
Indigenous Languages

Bija Murrumbidgee





WE WANT TO HEAR FROM YOU!

We here, at the Harvey Community Resource Centre are here for you, and we're shaping our programs for 2026.



EXPRESSION OF INTEREST

NAME: _____
PHONE: _____
EMAIL: _____

Event Interests

One-on-One Group events

Contact me via

EMAIL SMS FACEBOOK

All Events?

YES NO

*If answered no, what types of events/assistance would you be interested in?

Contact Us

5 Gibbs Street, Harvey WA 6220

(08) 9729 1669

events@harveycrc.com.au

harveycrc.com.au

Opening Hours

Monday to Friday 8.30am - 2.30pm

Ways you can let us know:

- Fill in the form above and return it to the CRC
- Come in and have a chat or,
- Email events@harveycrc.com.au

Your voice genuinely guides what we do.

Framed By Tony: Craftsmanship, Community, and a Legacy of Service

Framed By Tony represents a lifetime of craftsmanship, military heritage, and a genuine commitment to the community.



Proprietor **Tony Banner**, along with his wife **Shelagh**, chose Harvey as their permanent home 12 months ago. With more than 15 years of experience in the framing, trophy, and medal industry, Tony has built a reputation for meticulous workmanship and a deep respect for the stories behind the items he handles.

A Craftsman Shaped by Service



As a sixth-generation soldier, Tony understands the emotional weight carried by medals, photographs, and service memorabilia. His specialty—**custom military service tribute framing**—reflects that lived experience. For many families, these items represent sacrifice, pride, and legacy, and Tony approaches each tribute with the care of someone who knows exactly what they mean.



Services for the Harvey Community

Framed By Tony offers a wide range of services, including:

- Custom picture framing
- Bespoke trophies and displays
- Medal refurbishments and replacements
- Personalised framing for sports, weddings, achievements, and family history

Whether it's a treasured photograph, a child's first sporting medal, or a family heirloom, Tony's focus is always on preserving stories and creating displays that will last for generations.

A Travelling Exhibition with National Impact

Alongside his framing work, Tony has spent the past 15 years curating **The ANZAC Victoria Cross Story**, a mobile exhibition that shares the extraordinary stories behind Australia and New Zealand's highest military honour. The exhibition has travelled widely, educating and inspiring audiences with rare artefacts and compelling storytelling.

While the plan is to establish a permanent home for the exhibition, Tony's focus now is firmly on Harvey—building a sustainable business and contributing to the community that welcomed him.



A Welcome Addition to Harvey

Every frame, every restored medal, and every custom display is part of Tony's commitment to his new hometown. His work preserves personal histories while supporting a broader vision to enrich the region culturally and economically.

Harvey hasn't just gained a new shop—it has gained a craftsman, a storyteller, and a neighbour dedicated to giving back.

Tony and his shop can be found in the arcade behind Parton's IGA on Uduc St, Harvey or call on 0409 680 294.



 **Regional Tech Hub**

Helping regional Australia to get connected, improve connectivity, and stay connected.



The Regional Tech Hub provides FREE, personalised, independent advice and support on internet, phone and mobile options for anyone living and working in rural, regional, and remote Australia.

OUR SERVICES INCLUDE:

- Personalised connectivity reports
- Phone assistance hotline
- Online information and resource hub
- Escalation support

regionaltechhub.org.au
[1300 081 029](tel:1300081029)
facebook.com/RegionalTechHub

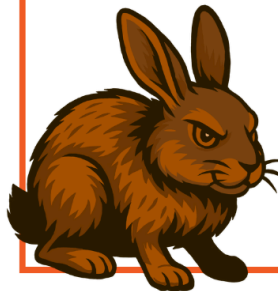
SHOOTING RABBITS?

Peel Harvey Biosecurity Group needs your help to track calicivirus immunity in local* wild rabbits.

We can supply you with a shooter's pack that contains everything needed to collect blood samples in the field.



For more info:
feralanimals@phbg.org

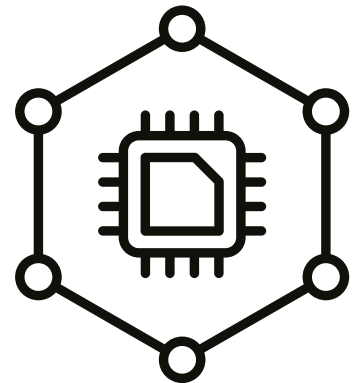


*Rabbits must come from property within our operational area, which includes the local government areas of: Serpentine-Jarrahdale, Murray, Waroona, Harvey, and the City of Mandurah.

More about us: www.PHBG.org



Harvey the Orange



Morrissey 
Actively Supporting You

40 *Years*
ANNIVERSARY

Services Offered

Aged Care Respite
NDIS-Short term accommodation
Dementia services
Social assistance
Social groups
Domestic services
Transport service

Specialising in Respite

Homely appointed rooms
Home cooked meals
Group or individual activities
Pick up and drop home
Short outings to places of interest
Planned or unplanned



Contact the Team today!

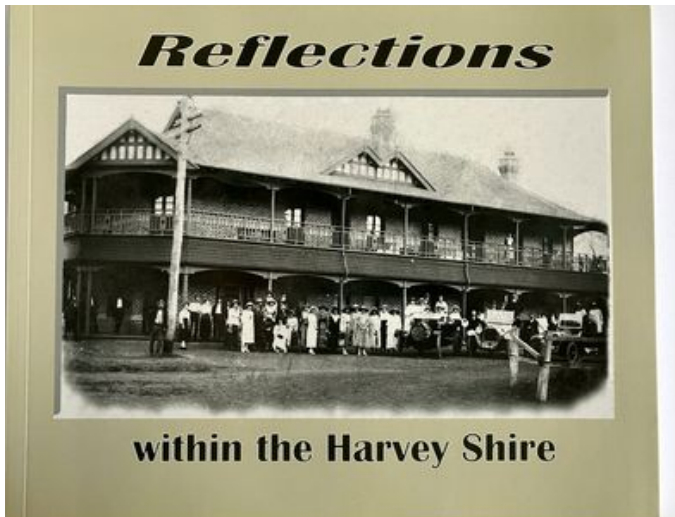
08 9725 4699

Info@mhi.org.au
www.mhi.org.au



Fully compliant organisation - trust and reliability

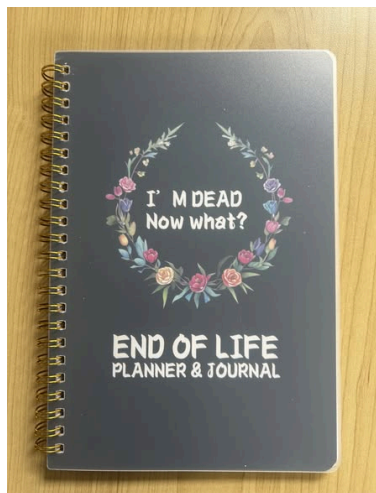
WHATS FOR SALE AT HARVEY CRC



Reflections within the Harvey
Shire by Harvey History
Online

\$10.00 Ea
CASH ONLY

SIP 2026 - Calendars
\$5.50 Ea



End of Life Planners

- **\$6.00 - (Dark)**
- **\$12.00 - (Light)**

WARRIOR WELLBEING ARTICLE

Our Wellbeing and Money

BY THE REGIONAL MEN'S HEALTH INITIATIVE
January 2026

We work hard for our money; therefore, it is important to know where it goes and how we can manage it, invest it, plan for retirement or a rainy day. As the saying goes, "Money without financial intelligence is money soon gone".

Scams, get rich schemes and a dodgy email from that international prospective partner, are ways other people will try to fleece us out of our money. As with many things in life, if it sounds too good to be true then it probably is. We need to be vigilant and not share any of our personal and banking details with third parties until we have verified, they are who they say they are.

Before making any big financial decisions, don't rush into anything, do your own research and ensure you talk to all those who will be impacted by these decisions. Seeking sound financial advice from a chartered accountant or registered financial advisor is a good way to get an independent professional point of view and allow you to make an informed decision.



Just as we should get a yearly check-up with a GP, it's important to have a yearly financial check-up with your accountant, financial advisor or bank manager. Prepare for the meeting with your questions written down so all your personal and business financial concerns are addressed. This is an opportunity to look at interest rates, refinancing options, new products and tax concessions to make sure you are getting the best "bang for your buck" or the best deal.

Communication is key for so many things in life, so remember to talk to your partner about any personal money decisions if you have joint accounts, credit cards or loans. Uncommunicated expectations are often the main cause of interpersonal conflict.

It is also vital to talk to your business partners about financial decisions and their potential impacts both in terms of financial viability and how they will emotionally affect the business relationship. Failure to do so will have potentially long-term negative effects on your relationship with your business partners as well as your physical and mental wellbeing.

If you are struggling to repay loans, be open and honest and talk to those in your circle including the bank manager. They can't help you if they don't know what's going on.

Financial hardship and other general money worries, if not addressed, can negatively impact our wellbeing and contribute to our situational distress and lead to other problems in our life.

Some signs that financial stress is affecting your health and relationships include:

- Arguing with the people closest to you about money.
- Feeling angry, fearful or experiencing mood swings.
- Withdrawing from others.
- Feeling guilty when you spend money.
- Delaying health care you need, due to the cost.

We encourage a holistic way to look after yourself. Looking at your diet, exercise and time spent on self-reflection are all ways to improve your general health and help manage your wellbeing and money.

✉ @RMHI_4blokes

🎧 Working with Warriors Podcast

🌐 regionalmenshealth.com.au





Cancer Council WA urges participation in life-saving National Bowel Cancer Screening Program

Don't put it off—Your free bowel cancer screening test could save your life. Cancer Council WA is urging more West Australians to take part in the **National Bowel Cancer Screening Program**, with only four in 10 eligible Australians currently completing the free test.

Bowel cancer is the **second leading cause of cancer death** in Australia—claiming more lives each year than breast, prostate or skin cancer. Yet, it's also one of the most treatable if detected early, with **over 90 per cent of cases successfully treated** when caught in the initial stages.

The screening kit is **free, quick, and easy to use** in the privacy of your own home. But too often, it's tucked away and forgotten, delaying action that could make all the difference – let's change that!

For more information about the program, or to order a **free replacement kit**, visit [Cancer Council WA](https://www.cancerwa.asn.au) or call **1800 627 701**.

If you or your organisation would like to collaborate with Cancer Council WA to boost participation and support your community, reach out via RCPCSouthwest@cancerwa.asn.au



REMINDER: Your friendly kick up the bum!



Aged 45 to 74?
Do the bowel cancer screening test.
Scan the QR code to order your free test today.



WARRIOR WELLBEING ARTICLE

before it all gets too much.
Talk to a Mate!!
THE REGIONAL MEN'S HEALTH INITIATIVE

Making Sense of Diabetes

BY THE REGIONAL MEN'S HEALTH INITIATIVE
February 2026

The cells in our bodies such as those found in our muscles need energy to grow and do what they do. One source of energy starts when we eat carbohydrate rich food such as bread, pasta, rice, potatoes, fruit, milk and yoghurt. In a normal situation these foods are broken down in our digestive system into glucose, a sugar. This sugar is what is needed by the cells, but it can't get into them without a special key, *insulin*. Insulin is a hormone produced in the pancreas and its job is to regulate the amount of glucose in the blood.

In a person who has diabetes, one of two things happens. Either they do not produce enough or any insulin to regulate the amount of glucose (Type 1), or their body's cells don't respond to the insulin key (Type 2). The result for both these events is the same, there is a back-up of glucose in the bloodstream, i.e. *high blood sugar*. If our cells aren't getting the energy they need then we will naturally feel tired and rundown. Prolonged high blood sugar can cause serious complications resulting in damage to the organs of our body (the heart, kidneys, nervous system and eyes).

Type 1 is the least common form of diabetes and characterised by an early and sudden onset usually before the age of 20. In this instance a person's immune system destroys the cells in the pancreas that create insulin. As a result, these people need to inject insulin regularly to supplement the deficiency.

Type 2 is the most common form (above 80%) and usually a late gradual onset affecting adults. People with this condition produce enough insulin but their cells are not responsive and can't take up the glucose. There is usually a genetic link to the development of this form of diabetes, but

there is also a strong link with unhealthy lifestyle factors such as poor diet, smoking and being overweight (having a beer gut) and being inactive. Medication is available to treat this form of diabetes alongside recommended lifestyle changes.



We always encourage blokes to go and see their GP if they fit any of the above categories and/or have a family history of diabetes. This is especially important if they are experiencing any of the common symptoms of diabetes including constant thirst and peeing a lot, feeling run down a lot of the time, headaches, blurred vision and cuts that take ages to heal properly. Sometimes these symptoms can be quite mild in people who are in the early stages of developing diabetes (prediabetes).

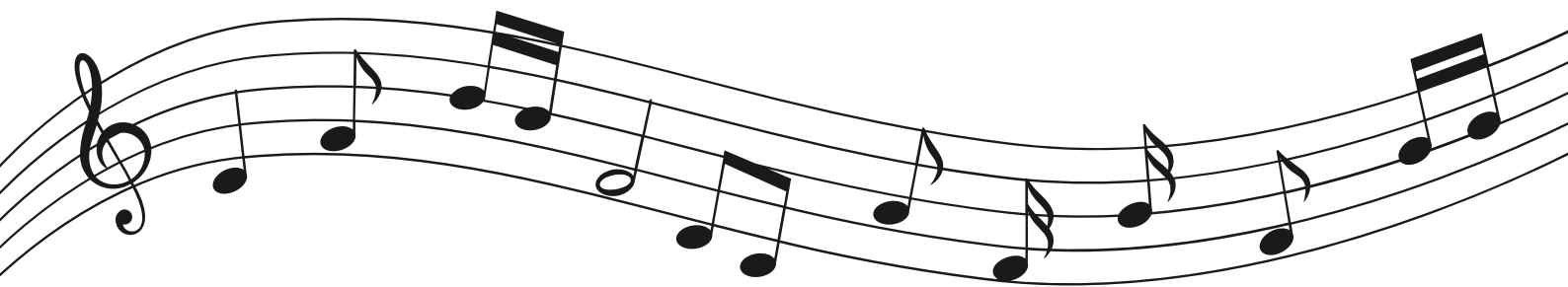
If you have a family history of diabetes or concerns about any of the above symptoms don't wait, go and chat with your GP about having your blood sugar checked. It could save you a lot of grief down the track.

✕ @RMHI_4blokes

📻 Working with Warriors Podcast

🌐 regionalmenshealth.com.au





Brenda Lee Jazz Duo

Immerse in the world of jazz with Brenda Lee in our first Morning Melodies for 2026! Brenda's vocal character is deep with sultry tones, exuding an unquestionable trueness of essence in jazz improvisation.

🕒 10.30am

📅 Tues 10 February

📍 HRCC Function Room ★ Morning Tea provided



Ben Lee: On Tour Always

After reminding fans and media nationwide why they fell in love with his songs and antics on his widely successful Awake Is The New Sleep 20th Anniversary Tour, Ben Lee is back with a string of 40 regional dates in 2026.

🕒 4pm

📅 Sun 15 February

📍 Stirling Cottage, Harvey



Double J Presents Josh Pyke

Following a sold-out national tour celebrating the 20th anniversary of his landmark debut Feeding the Wolves, beloved singer-songwriter Josh Pyke is heading back out on the road – this time bringing the songs to regional Australia.

🕒 7.30pm

📅 Saturday 21 March

📍 HRCC Function Room



Scan to book tickets or to find out more information about upcoming events!





Indigenous Home Ownership Programs (IHOP), primarily run by Indigenous Business Australia (IBA), help First Nations people buy homes through concessional loans, low deposits, and grants, especially if mainstream lenders are difficult to access.

Key features include lower interest rates, long introductory periods (especially in remote areas), grants for costs like legal advice, and options for shared ownership, supporting economic independence and wealth building.

You can contact IBA Via
their Website:
<https://www.iba.gov.au/>





Cancer Council

Newsletter article

Put your health first this holiday season: Find Cancer Early

Cancer Council WA is urging people over 40 years of age in the South West region to be aware of any new symptoms and get them checked this holiday season, as evidence shows that delays in treatment can result in poorer survival.

The holiday season gets pretty hectic, with a lot of focus on other people, so it's easy to forget about ourselves. Taking a little time to talk with your doctor about any symptoms can help you stay healthy for the moments that matter most.

The key message is to know your body and what is normal for you. If you notice a change that is not normal for you, you should see your doctor, clinic nurse or Aboriginal health worker, especially if you have coughed up blood or noticed blood in your poo or pee.

People should see a health professional if they have had any of these symptoms for more than four weeks:

- Problems peeing
- Runny poo or diarrhoea
- Unexplained weight loss
- Becoming short of breath
- A persistent cough
- A new or changing spot on the skin
- An unusual pain, lump or swelling anywhere in the body.

If you have any of these symptoms, it doesn't mean you've got cancer, often, it turns out to be something less serious. It's important to get them checked straight away just in case, as treatment works best when cancer is found at an early stage.

Cancer information and support

To find out more about common cancer symptoms, visit www.findcancerearly.com.au, or if you're feeling overwhelmed and you need someone to talk to, call the Cancer Council Information and Support Line on 13 11 20.



TransWA tickets for the Australind Replacement bus services available here at the Harvey CRC

Location

5 Gibbs Street Harvey WA
6220

Opening Times

Monday to Friday

8:30am to 2:30pm

(With the exception of Public Holidays)

We advise against same day bookings as it can be difficult to contact the driver once the service has departed

REGIONAL TRAVEL FOR

KRAZY 80'S PRICES



80'S PRICES
Modern Savings

Primp the perm, mousse up the mullet, and plan
your next adventure at transwa.wa.gov.au

OFFICIAL



Public Transport
Authority



Transwa

Transwa One-Way Fares From Harvey

For Travel Commencing After: 1 January 2026

Destination	Adult Fare	Child/Concession Fare
Armadale	\$13.30	\$6.65
Brunswick Junction	\$4.65	\$2.35
Bunbury Terminal	\$5.60	\$2.80
Byford	\$9.95	\$5.00
Cookernup	\$4.65	\$2.35
East Perth	\$13.30	\$6.65
Mundijong	\$9.95	\$5.00
North Dandalup	\$8.20	\$4.10
Pinjarra	\$5.60	\$2.80
Serpentine	\$9.95	\$5.00
Waroona	\$4.65	\$2.35
Yarloop	\$4.65	\$2.35

Conditions of sale:

- Adult, Child and current West Australian concession single fares shown.
- Return fares are double.
- Fares shown are indicative only and can alter depending on route taken and break of journey.
- Fares are subject to increase without notice.

For more information, please contact us on:

P: 1300 662 205

W: transwa.wa.gov.au



What's happening in the Southwest?



Dunsborough Arts Festival

28 February 2026 - 02 March 2026

Dunsborough Foreshore

Soak up art, music & creativity this long weekend in Dunsborough



Dunsborough Arts Festival, an annual community event celebrating local art and music, returns this March long weekend for its 25th year!

Holidaymakers and arts enthusiasts are invited to join in the fun and support a full calendar of activities and performances.

Organised by the Dunsborough & Districts Progress Association, the community-led festival will be held from Saturday 28 February to Monday 2 March 2026 by the bay in the shade of the glorious peppermint trees.

Expect a jam-packed weekend including Sculptures by the Bay, two evening concerts, Music by the Bay featuring local artists, the Small Sculptures Prize exhibition at Christian Fletcher Gallery, a Sunday art market, X Factor youth talent competition, art, drumming, dance and circus workshops, pop up exhibitions, and to top it all off a spectacular fireworks display.

Sculptures by the Bay is an impressive outdoor exhibition spanning the Dunsborough Foreshore and Seymour Park, and Christian Fletcher Gallery which houses the Small Sculptures Prize exhibition. Wander around the displays and vote for your favourite, with the opportunity to purchase an original for your collection.

Visitors can enjoy tasty food truck treats and a bar on Saturday and Sunday night. No BYO.

For more information, find Dunsborough Progress Association and Sculptures by the Bay online.



What's happening in the Southwest?



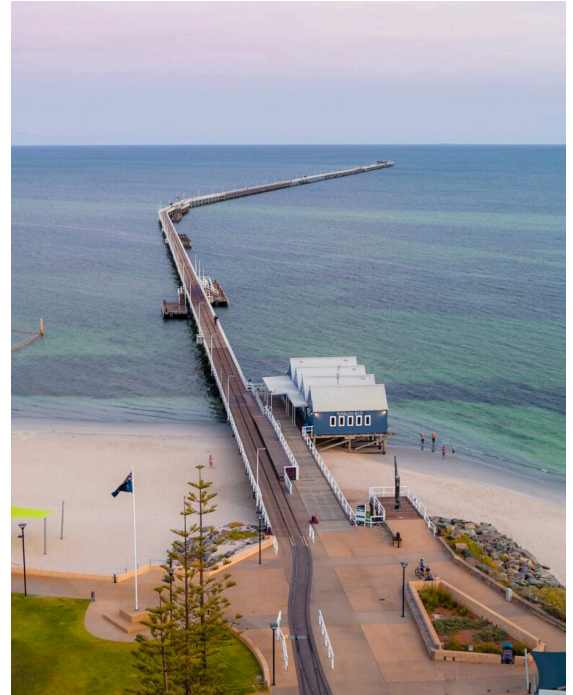
Busselton Jetty Swim

07 - 08 February 2026

Busselton Foreshore

**Annual open water 3.6km swim
around the iconic Busselton Jetty.**

Busselton Jetty Swim, Western Australia's most loved open water swim, returns on 7–8 February 2026.



Best known for its signature 3.6km swim around the iconic Busselton Jetty – the Southern Hemisphere's longest timber-piled jetty – the annual event attracts more than 5,000 participants of all ages and abilities to take on a variety of distances in the stunning turquoise waters of Geopark Bay.

Whether you're attempting your first open water swim, chasing a personal best, or joining friends in a team, there's a distance to suit. Alongside the 3.6km solo swim, options include the One Mile Swim to Shore, starting from the end of the Jetty; Simon's 500m Shortcut Swim, which detours under the Jetty; team relays, and the dedicated Kids Swim for younger participants.

For those who prefer to stay dry, the weekend also offers plenty of entertainment and family-friendly activities, including the FREE Busselton Jetty Swim Sunset Concert on Saturday evening. And the experience doesn't end at the finish line – extend your stay to enjoy the Margaret River Regions breathtaking beaches, endless outdoor adventures, and world-class food and wine.

HOW IS YOUR CRC SUPPORTING YOU?



Access to Government Services



Economic & Business Support



Social Support



Services & Products



Building a Stronger Community

We aim to enhance community access to vital services and information that promote the economic and social development within the Shire of Harvey.

This is achieved through the delivery of community-led training, effective communication services and accessible information sharing..

**CONTACT US
OR CALL IN FOR A CHAT**



(08) 9729 1669



events@harveycrc.com.au



5 Gibbs St, Harvey



GOVERNMENT OF
WESTERN AUSTRALIA

Department of
Primary Industries and
Regional Development





Access to Government Services

- Access to local and state government information and services
- Services Australia - Centrelink Agent
- Multicultural Affairs enquiries
- General information and support



Economic & Business Support

- Assistance with business development and employment support
- Facilitation of business development activities, seminars and initiatives
- Business incubation support services; i.e. hot office and internet
- Video conference services
- Information and support



Social Support

- Referrals and/or contact information for social, health and welfare support services
- Facilitation of social development activities, seminars and initiatives
- Information and support
- Free ½ hour computer and technology lessons



Services & Products

- Provide access to services and products which have strong local demand but are not economically viable to deliver in a for-profit business model
- Essential office services such as; printing, photocopying, scan/emailing, binding, laminating etc
- Internal / External areas for hire - Private or Business use



Building a Stronger Community

- Communication strategies including our community newsletter, website and social media
- Community social events
- Engagement with community via feedback, surveys and community group meetings

**Please note: fees apply to some services, prices available upon request*



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Thank you for supporting your local CRC!



*We are proud to have received the support of
the following organisations over the last twelve
months*

Proudly supported by:



Department of
Primary Industries and
Regional Development



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Proudly Members of



Agents for



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