



Harvey
Community
Resource
Centre

Your local connection



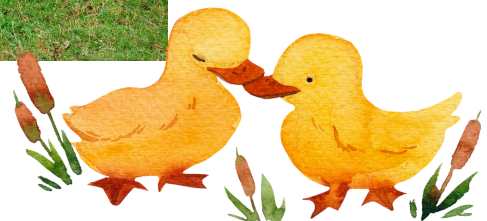
Harvey the
Orange

HARVEY HAPPENINGS

MAY 2026



HAPPY
Mother's Day



ADVERTISE IN THIS NEWSLETTER

Black & White or Colour
Business Card Sizing - \$12.00

6cm x 6cm - \$15.00

12cm x 6cm - \$17.00

1/4 Page - \$20.00

1/2 Page - \$40.00

Full Page - \$60.00

Advert Design / Hr - \$32.00

Ring 9729 1669

or email

marketing@harveycrc.com.au
for more information.

Would you like to subscribe to this newsletter?

You can do that by going to the website,

www.harveycrc.com.au and completing the

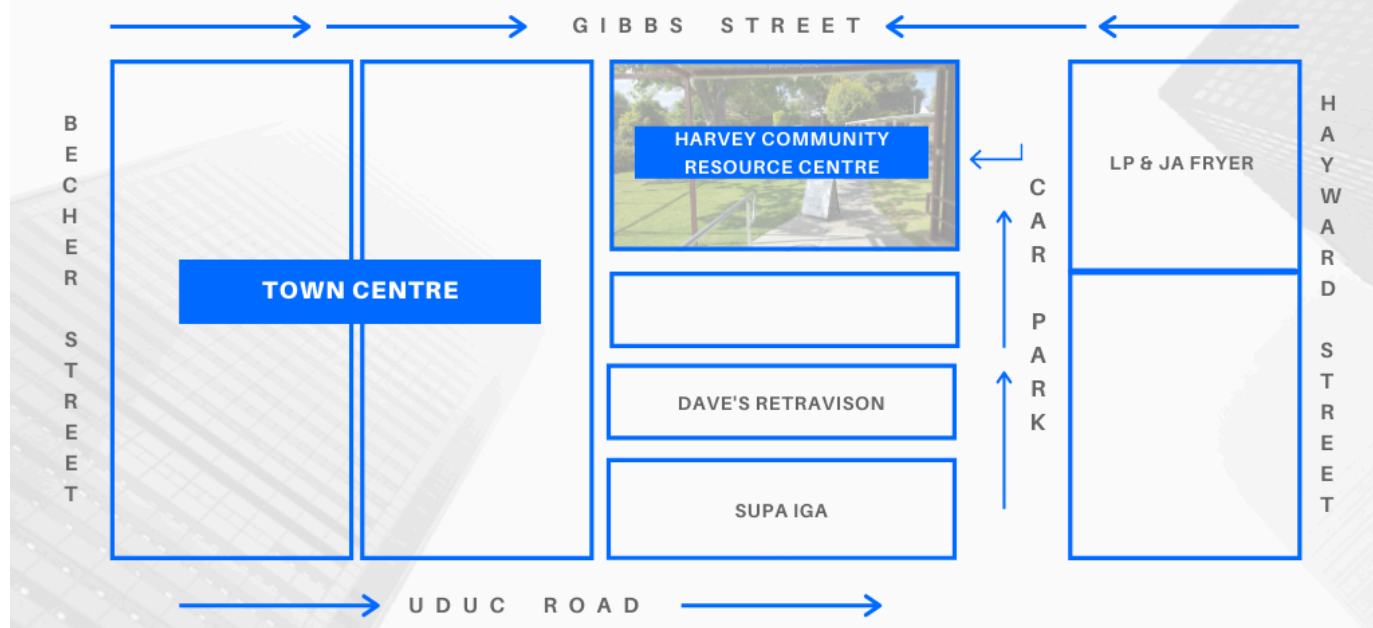
details on the home page, drop us an email at

marketing@harveycrc.com.au

OR

Just ring us on 9729 1669 and one of our friendly staff would be happy to help you.


WHERE IS YOUR CRC LOCATED?



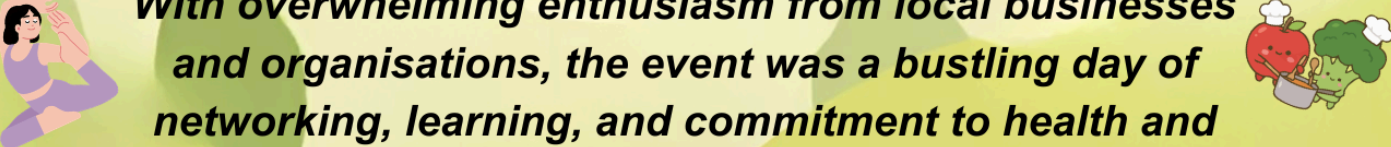
Centre Opening Hours

Monday to Friday
8:30am to 2:30pm
*(With the exception of
Public Holidays)*

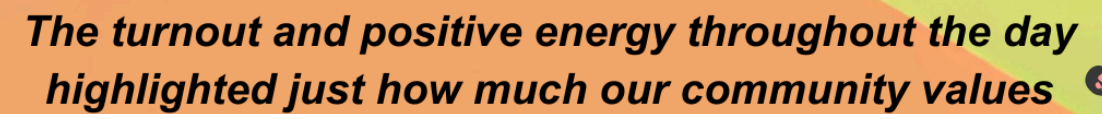
Wellness Expo



What began as a simple Expression of Interest quickly grew into a community movement that came together for a successful Wellness Expo at the Harvey CRC. With overwhelming enthusiasm from local businesses and organisations, the event was a bustling day of networking, learning, and commitment to health and wellbeing.

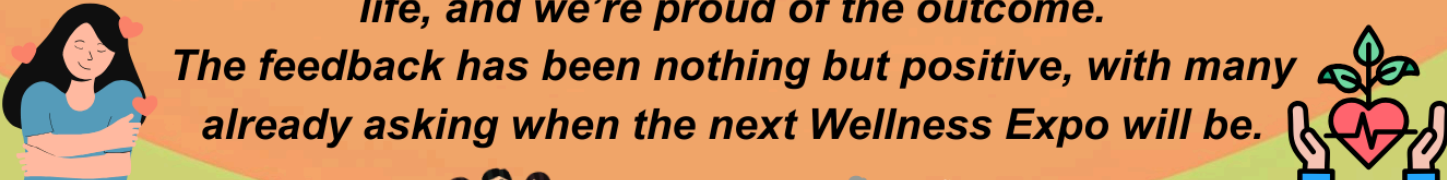


Stallholders filled every corner of our Garden & Undercover Area, creating a welcoming space for conversations, connection, and support.



The turnout and positive energy throughout the day highlighted just how much our community values opportunities to explore new ideas and invest in their overall wellness.

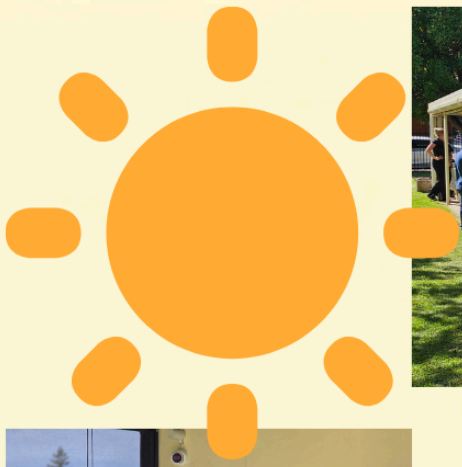
Our team worked incredibly hard to bring this vision to life, and we're proud of the outcome.



The feedback has been nothing but positive, with many already asking when the next Wellness Expo will be.



With Thanks to our Participant Stallholders for helping to make the day a success! and to the Harvey Community for your interest & support.



Wellness Expo



ADVANCE CARE PLANNING

Get support to complete your **Advance Health Directive**
With HEATHER WADE - Southwest Compassionate Care



Conducted over the course of 2 x 2 hour sessions, we have found that most people are able to complete their **Advance Health Directive**, ready to share with the people who matter.

MUST Attend Both Sessions:

- Tuesday 26 May 2026, 1.30pm to 3.30pm
- Tuesday 9 June 2026, 1.30pm to 3.30pm

Harvey CRC, 5 Gibbs St

Then.. if you are interested in attending a 'Train the Trainer' session, this will be held at the CRC on: Thursday 16 July 2026 - 9.30am to 11.30am

Register for these sessions as slots are limited to
10 participants only.

REGISTER by emailing: events@harveycrc.com.au
or call us on **9729 1669**

OUR VISITING OUTREACH SERVICES

Oseca - (Formerly GP Down South)

Oseca (Formerly GP Downsouth) is a not-for-profit community organisation providing health and well-being services in the South West and Peel regions of WA.

In the Peel region, they operate Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre, the Peel Youth Medical Service (including the 3 Tier Youth Mental Health Program) and the Peel Mobile Health Service. In the South West, they provide Mental Health Services, Community Child Health Service and Aboriginal Health Services.

Consultations: Monday fortnightly and Wednesday weekly
Appointments Essential
Call 9754 3662 for appointments

Accordwest

"Here for you in your time of need"

Emergency Relief is available to individuals and families throughout the South West Region. The following will be required: 2 forms of ID, recent income statement or payslip and further documents may be requested.

By Appointment Only
Call 1800 115 799 for appointments

Busy Group

The BUSY Group is a not-for-profit organisation that began in 1977 with a vision to have more people in jobs, more people learning new skills, and more communities exposed to positive change, in partnership with employers and industry.

Available Mondays & Thursdays
Call (08) 6165 3362 for more information
or to make an appointment

Anglicare Financial Counselling

Anglicare WA's Financial Counsellors are qualified to:

- **Make assessments**
- **Provide information and options to address financial problems**
- **Assist with resolutions if necessary**
- **Advocate and negotiate with creditors**
- **Make referrals to other useful services in the community**
- **Provide information about government assistance**
- **Support a client in developing their own budget**
- **Relay relevant information about consumer credit and bankruptcy**

Services include solving immediate problems and also teaching clients how to maintain their own financial stability.

Available every second Wednesday
9.30am to 2.30pm
Appointment is Essential
Call 9720 9200 for appointments

Youth Focus

Youth Focus has launched a new service to support young people and their families in Capel and Harvey. The Care Navigation Service helps young people aged 12 to 25 connect with the right services and support in their community, based on their current needs. The Youth Focus Care Navigator can provide you with information, resources, and guide you to the services you need

Available fortnightly on Tuesday
Call 0439 108 380 for more information
or to make an appointment



Harvey

Community Resource Centre

Your local connection

Your local connection




Harvey Community Resource Centre

Tai Chi
Every Tuesday
from 9:30am...
Enjoy morning
tea after



events@harveycrc.com.au
5 Gibbs Street, Harvey WA 6220




Harvey Community Resource Centre

AVAILABLE NOW

END-OF-LIFE PLANNING
FUNDED SUPPORT SERVICE



HOW CAN WE HELP?

ENDURING POWER OF ATTORNEY
Provision of Enduring Power of Attorney Kit and related documents. Alternatively, make an appointment with one of our team to take you through the process.

ENDURING POWER OF GUARDIANSHIP
Access to Enduring Power of Guardianship Kit and related documents. Alternatively, make an appointment with one of our team to take you through the process.

HEALTH DIRECTIVE
Access Health Directive documents or make an appointment with one of our team to support you to complete the documents.

MYHEALTH RECORD
One of our friendly team will assist you to link your MyHealth Record to your MyGov account.

Anything else? Just ask!

WE MAY ALSO BE ABLE TO HELP WITH

WILLS
Support to complete an online Will - basic Wills only (fees and charges will apply), or referral to a lawyer to draw up a Will for a reduced fee - collaborative partner.

MY AGED CARE WA
One of our friendly team will help you to apply online for access to My Aged Care WA.

LINKWEST

Palliative Care Western Australia
Living, dying & grieving well

This project has been made possible through a Linkwest grant funded by WA Primary Health Alliance as part of the Australian Government's PHN Program

9729 1669 | events@harveycrc.com.au | www.harveycrc.com.au




Financial Counselling.
It's more than budgeting.

We visit Harvey CRC
Wednesday fortnightly

Call 9720 9200 for an appointment.

AnglicareWA



Harvey Community Resource Centre

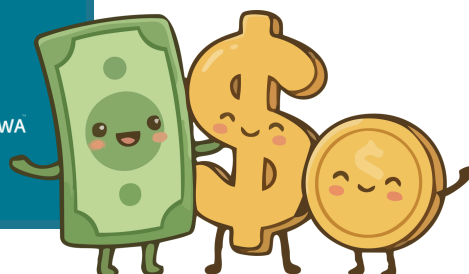
JUSTICE OF THE PEACE
SERVICES AVAILABLE

Thursdays by appointment only

CONTACT US TO MAKE A BOOKING

(08) 9729 1669
events@harveycrc.com.au



Strengthening Connections Harvey

Please join us at the Harvey Forget Me Not Cafe for a community conversation led by dementia advocate, Lil Mirtl, who is living with dementia.

The Strengthening Connections project brings together Dementia Advocates, members of the Dementia Australia Advisory Committee, Dementia Australia staff and community members in regional areas of Australia to share stories and build stronger local relationships. The project aims to connect people living with dementia, their family and or carers across Australia, reducing isolation, and increasing connection.



**SHIRE OF
HARVEY**



Suitable for:

Attendees of the Forget Me Not Cafe and anyone impacted by dementia

When:

Wednesday, 13th May 2026 -
10am to 12pm (2 hours)

Where:

Harvey Connect
105 Uduc Road, Harvey

Cost:

Free

Additional information

Morning tea provided thanks to the support of the Shire of Harvey and Harvey Connect. Contact Renae Brennan - Consumer Engagement Coordinator - with any questions Renae.Brennan@dementia.org.au or 0482 163 704



As we settle back into the busy rhythm of term time, we all know the question that echoes throughout kitchens Monday to Friday: 'what should we pack in the lunchbox?'. To help take some of the stress out of daily prep, we have put together a few tips to make the lunchbox journey easy, healthy and yummy for all.

The Main, Mini, Munch method!

Main

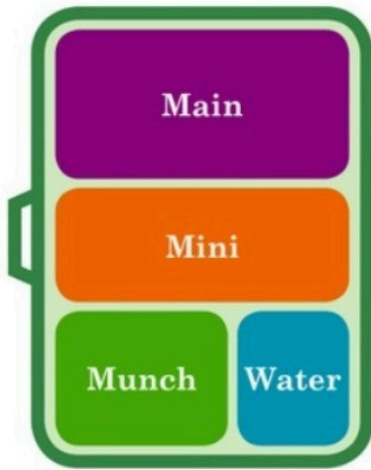
Aim to pack a lunch with some grains, protein and veggies. This can include a sandwich, wrap, sushi, pasta, curry, falafel or any dinner leftovers. Where needed, add an ice pack to keep food safe.

Mini

Reach for a healthy snack such as cheese and grainy crackers, hard-boiled eggs, homemade muffins, plain yoghurt, popcorn, tinned tuna, baked beans or fruit. It doesn't have to be fancy or expensive.

Munch

If you think your child needs more food, pack some extra fruit and vegetables for them to enjoy. Pick seasonal, tinned or frozen to save money and encourage variety.



Healthy eating is important at all ages, but it's particularly important for children as they are rapidly growing and developing.

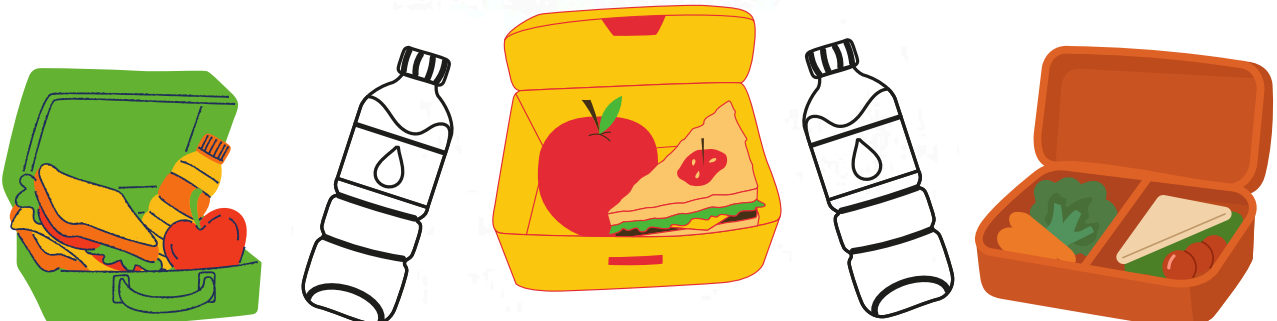
Kids consume a large portion of their food at school – often around one-third of their daily intake. This makes packing a lunchbox that's nutritious, as well as tasty and easy to eat essential.

Research consistently shows that nutrition plays a key role in a child's ability to learn. A well-balanced diet supports everything from focus and mood to memory, brain function and behaviour.

For more recipes, resources and information, please visit our website <https://www.crunchandsip.com.au/>

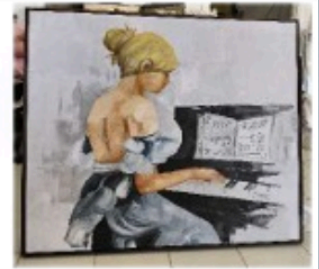
We also run a parent nutrition education session called Packed with Goodness. Packed with Goodness is

a FREE nutrition education session available to parents at all Western Australian primary schools. For more information, please contact Emma Handreck, the South West Regional Cancer Prevention Coordinator by emailing - RCPCSouthwest@cancer.wa.gov.au



Framed By Tony: Craftsmanship, Community, and a Legacy of Service

Framed By Tony represents a lifetime of craftsmanship, military heritage, and a genuine commitment to the community.



Proprietor Tony Banner, along with his wife Shelagh, chose Harvey as their permanent home 12 months ago. With more than 15 years of experience in the framing, trophy, and medal industry, Tony has built a reputation for meticulous workmanship and a deep respect for the stories behind the items he handles.

A Craftsman Shaped by Service



As a sixth-generation soldier, Tony understands the emotional weight carried by medals, photographs, and service memorabilia. His specialty custom military service tribute framing-reflects that lived experience. For many families, these items represent sacrifice, pride, and legacy, and Tony approaches each tribute with the care of someone who knows exactly what they mean.



Services for the Harvey Community

Framed By Tony offers a wide range of services, including:

- Custom picture framing
- Bespoke trophies and displays
- Medal refurbishments and replacements
- Personalised framing for sports, weddings, achievements, and family history

Whether it's a treasured photograph, a child's first sporting medal, or a family heirloom, Tony's focus is always on preserving stories and creating displays that will last for generations.

A Travelling Exhibition with National Impact

Alongside his framing work, Tony has spent the past 15 years curating The ANZAC Victoria Cross Story, a mobile exhibition that shares the extraordinary stories behind Australia and New Zealand's highest military honour. The exhibition has travelled widely, educating and inspiring audiences with rare artefacts and compelling storytelling.

While the plan is to establish a permanent home for the exhibition, Tony's focus now is firmly on Harvey-building a sustainable business and contributing to the community that welcomed him.



A Welcome Addition to Harvey



Every frame, every restored medal, and every custom display is part of Tony's commitment to his new hometown. His work preserves personal histories while supporting a broader vision to enrich the region culturally and economically. Harvey hasn't just gained a new shop-it has gained a craftsman, a storyteller, and a neighbour dedicated to giving back.

Tony and his shop can be found in the arcade behind Parton's IGA on Uduc St, Harvey or call on **0409 680 294**.





**FREE SIMPLE
RECIPE YOU
CAN TRY AT
HOME**

Mushroom Frittata

Serves: 6

Ingredients:

- 1 tablespoon Olive Oil
- 3 Cups Mushrooms, roughly chopped
- 2 tablespoons fresh thyme leaves
- 1 Cup Cheese (Feta, Ricotta or Cottage)
- 6 Eggs
- 2 Cups Spinach (or any leafy greens) chopped
- 2 teaspoons balsamic vinegar

Cooking Time:

30 Minutes

Instructions

- Preheat oven to 180 degrees.
- In a large bowl, whisk eggs. Crumble in cheese. Set aside.
- In a large frypan, heat olive oil and add mushrooms. Cook for 5-7 mins until softened.
- Add balsamic vinegar, spinach and thyme. Continue to stir for 1-2 mins.
- Take off heat at allow to cool for 5mins. Once cooled, combine mushroom mixture to egg mixture.
- Transfer to a small baking dish and cook in oven for 20-30mins.
- Serve warm or cold with your fav salad.





FOODBANK

Mobile Food Van

NOW VISITS WEEKLY

TUES 05 MAY 9:00 - 9:45 am

THURS 14 MAY 12:00 - 12:45 pm

TUES 19 MAY 9:00 - 9:45 am

THURS 28 MAY 12:00 - 12:45 pm

(Concession cards are no longer required. To make use of this service, just come into the CRC for a referral)

Eftpos or pre-paid vouchers only. NO CASH.

Harvey Community Resource Centre
5 Gibbs St, Harvey WA 6220





Relationship scams

Scams that cause deep emotional and financial harm

Scamwatch is running a campaign to help people spot the signs of a relationship scam.

Relationship scams (also called romance or dating scams) happen when someone pretends to be interested in you so they can take your money. They build trust, then ask for money, gifts, or your personal details. They may also try to get into your bank or online accounts. Some scammers also push fake investments, including cryptocurrency. They may ask you to move the chat to a private messaging app so it's harder to trace.

They might say they live or work overseas. They may avoid meeting in person or on video. They may also invent an emergency (like a hospital bill, travel issue, or legal trouble) to pressure you to send money quickly.



If you think you or someone you know may be in a relationship scam, remember: scammers can be very convincing. They use feelings to control people and may try to cut them off from friends and family. It is never the victim's fault. Help is available.

Who's at risk

Anyone can be targeted. Scammers often go after people who want connection or support online. You may be at higher risk if you:

- use dating apps or social media to meet new people
- are newly single, have recently lost someone close, or are going through a big life change
- feel lonely and want ongoing contact
- have money set aside to invest (including in cryptocurrency).

What it can look like

These scams feel real. Here are some common examples:

Romance baiting scams: These can be short. They may start on a dating app and then shift into a fake cryptocurrency or investment scam.

Long-term romance scams: The scammer builds a close bond over months or years. Then they make up a crisis (like a medical emergency, work problem, or travel issue) to get money from you.

Relationship scams

... Continued

What it can look like

These scams feel real. Here are some common examples:

Romance baiting scams: These can be short. They may start on a dating app and then shift into a fake cryptocurrency or investment scam.

Long-term romance scams: The scammer builds a close bond over months or years. Then they make up a crisis (like a medical emergency, work problem, or travel issue) to get money from you.

Warning signs to look out for

- They say they love you or want a serious relationship very quickly.
- They ask you to move the chat to another app.
- They won't video call, won't meet in person, or always cancel.
- They ask for money, gift cards, cryptocurrency, or bank transfers. They may also ask for personal details (like ID, passport, or address) or access to your accounts or device.
- They tell you not to talk to anyone else and say you should only trust them.
- They ask for money, gift cards, cryptocurrency, or bank transfers. They may also ask for personal details (like ID, passport, or address) or access to your accounts or device.
- They tell you not to talk to anyone else and say you should only trust them.

If you think it's a scam

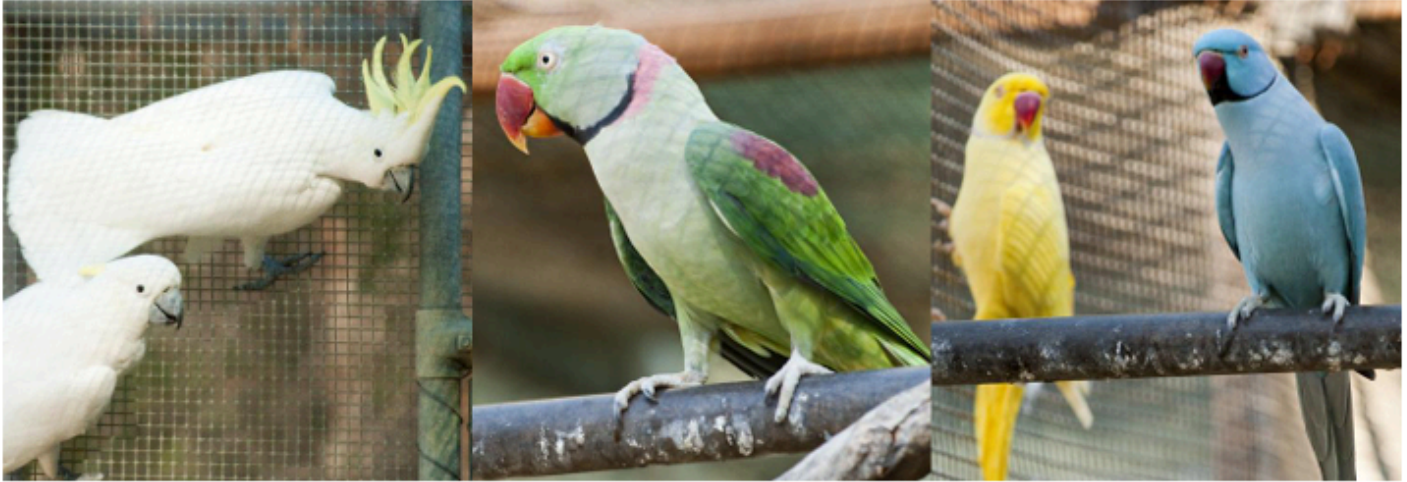
If something feels wrong, pause. Think about what you know about the person and what they are asking for.

- **Never send money or personal information**, even if the person promises to repay you.
- **Talk to someone you trust**. Tell a friend or family member what's happening. Scammers rely on secrecy.
- **Check who they are** by doing a reverse image search on their photos. Look for details that don't match, or a story that keeps changing. Be careful if the profile looks too perfect.
- **Keep proof**. Save messages, screenshots, usernames, phone numbers, bank details, and receipts.
- **Report the profile** to the app or platform, then **block the person**.
- **If you've sent money**, contact your bank straight away.



Polly needs a permit!

May 2026



Parrots and cockatoos make captivating pets, but their ownership comes with serious responsibilities. Left to right: Sulphur-crested cockatoos, Alexandrine parakeet and Indian Ringneck parakeets.

Colourful, cheeky and engaging, it's easy to see why bird lovers are drawn to keeping parrots and cockatoos as pets. Many Western Australians are unaware, that a number of these birds are declared pests under the *Biosecurity and Agriculture Management Act 2007* (BAM Act), meaning their uncontrolled presence in the wild can cause significant agricultural, economic, and environmental damage. For this reason, keeping exotic birds as pets is strictly regulated in WA. Owners must obtain the appropriate permits and meet mandatory enclosure requirements.

Obtaining a permit

From December 2025, the administration of restricted keeping permits for regulated birds transferred from the Department of Biodiversity, Conservation and Attractions to the Department of Primary Industries and Regional Development (DPIRD). All permit applications are now handled by DPIRD's Invasive Species and Environment Biosecurity Permit and Compliance Team. Current permits are valid until their stated expiry date. When it is time to renew, or for new applications, the process has been updated:

- Permit duration has increased to 5 years.
- Application fee is \$76.67 (cost recovery basis).

- Inspections may be required for new or renewal applications at \$72.68 (cost recovery basis).

Be aware! Regulated birds imported or travelling with you into WA also need an import permit to enter. Visit the DPIRD website (dpiird.wa.gov.au) for more information, or Google: 'DPIRD Invasive species permits'. To contact the Permits team directly: RKApplications@dpiird.wa.gov.au or 08 9368 3393.

A serious matter

Despite mandatory double-door entry systems and secure enclosure requirements, escapes do happen. Deliberate releases, although illegal, occur too. Even a small number of escaped birds can mark the beginning of a much larger problem. Parrots and cockatoos are intelligent, adaptable, and capable of establishing feral populations surprisingly quickly, as the unfortunate history of the rainbow lorikeet in Perth has demonstrated.

If you see an escaped pet bird or birds that look out of place, record the location, time, and a description of the bird (or take a photo if possible) and report it to the MyPestGuide team OR, PaDIS. See footer for details.



Report your observations

MyPestGuide® Reporter via app or online mypestguide@dpiird.wa.gov.au

Pest and Disease Information Service (PaDIS) 08 9368 308 | padis@dpiird.wa.gov.au



Star Hearing Consultants

Audiology and Tinnitus Clinic

Check our Google reviews

to see what our patients say!

Clinic Location: **HARVEY CONNECT**

Experts in discreet hearing solutions

These days... hearing loss is more visible than hearing aids.

Are you a Pensioner / Veteran?

You are eligible for a **FREE** Wax Removal **FREE** Assessment and **FREE** Hearing Aids
Fully funded by Government-Hearing Service Program (HSP)



Do you HEAR Ringing? Buzzing? Chirping? Whistling?

It's probably **TINNITUS.**

WE CAN HELP!

Tinnitus is the perception of sound when no external source is present.



To book an appointment **CALL 1800 11 4327**

WEBSITE: www.starhearing.com.au | EMAIL: starhearing@outlook.com

Clinic Location: **Harvey Connect, 105 Uduc Road, Harvey**



Services Offered

- Aged Care Respite
- NDIS-Short term accommodation
- Dementia services
- Social assistance
- Social groups
- Domestic services
- Transport service

Specialising in Respite

- Homely appointed rooms
- Home cooked meals
- Group or individual activities
- Pick up and drop home
- Short outings to places of interest
- Planned or unplanned



Contact the Team today!

08 9725 4699




Fully compliant organisation - trust and reliability


Info@mhi.org.au
www.mhi.org.au



Forget-Me-Not Memory Cafe



The Shire of Harvey welcomes people living with memory loss and Dementia and their carers to join us for tea and coffee, stay for a fun table-top activity and share experiences with others in the community at one of our 2026 Forget-Me-Not Memory Cafés.



The Memory Café aims to provide social opportunities for community members living with memory loss and Dementia-related conditions.

Memory Cafés will be held at Harvey Connect from 10am-12pm every second Wednesday:



🌻 18 March 🌻 1 April 🌻 15 April 🌻 29 April
🌻 13 May 🌻 27 May 🌻 10 June 🌻 24 June
🌻 8 July 🌻 22 July 🌻 5 August 🌻 19 August
🌻 2 September 🌻 16 September
🌻 30 September 🌻 14 October 🌻 28 October
🌻 11 November 🌻 25 November
🌻 9 December 🌻 23 December



No RSVP is required – just drop in and have a cuppa with us!

TransWA tickets available here at the Harvey CRC

Location
5 Gibbs Street Harvey WA
6220

Opening Times
Monday to Friday
8:30am to 2:30pm
(With the exception of Public Holidays)

We advise against same day bookings as it can be difficult to contact the driver once the service has departed

For Travel Commencing After: 1 January 2026

80'S PRICES
Modern Savings

Destination	Adult Fare	Child/Concession Fare
Armadale	\$13.30	\$6.65
Brunswick Junction	\$4.65	\$2.35
Bunbury Terminal	\$5.60	\$2.80
Byford	\$9.95	\$5.00
Cookernup	\$4.65	\$2.35
East Perth	\$13.30	\$6.65
Mundijong	\$9.95	\$5.00
North Dandalup	\$8.20	\$4.10
Pinjarra	\$5.60	\$2.80
Serpentine	\$9.95	\$5.00
Waroona	\$4.65	\$2.35
Yarloop	\$4.65	\$2.35

Conditions of sale:

- Adult, Child and current West Australian concession single fares shown.
- Return fares are double.
- Fares shown are indicative only and can alter depending on route taken and break of journey.
- Fares are subject to increase without notice.

Clickety clack your Australind train is coming back!



**Name the new
Australind**
Enter for your chance to name
one of the new Australind trains!

For more information, please contact us on:

P: 1300 662 205

W: transwa.wa.gov.au

WARRIOR WELLBEING ARTICLE

Staying Connected in Challenging Times

BY THE REGIONAL MEN'S HEALTH INITIATIVE
May 2026

Things that we cannot control are our biggest stressors in life. In agriculture it is mostly weather issues followed by a multitude of other factors such as commodity prices, input costs (diesel, fertilizer availability and price), machinery breakdowns ... how long is a bit of string.

Every season is not without its challenges, and the effects are always felt across the whole community (farmers, people involved in agribusiness and those in the Agri-link industries like the mechanics and the Mitre 10 store). Everybody feels the pain.

No one can change what happens with the weather and/or influence the other factors, all we can do is manage our programs and control our business as best we can which importantly includes looking after ourselves and each other (our family, mates and neighbours).

Remaining connected is one way of doing this. So, what does this mean? Rural communities have an innate capacity to reach out and organize and participate in many bottoms up activities. RMHI has been attending a lot of these events including breakfasts, sundowners and many other gatherings over the years which allow the communities to have a conversation about where they are at individually and as a collective. There is less and less of us living in regional areas, add this to the nature of modern farming as well as a challenging season and isolation becomes more prevalent. It's so important that we maintain social connection, but it takes an effort.

Isolation is the enemy of good mental wellbeing. This is both in the physical sense (less of us) and the interpersonal sense (social networks around us). Staying connected is important and something we must work on, this can be achieved in part if we are mindful of living in the present and staying connected with others.

As blokes, we have a propensity to self-medicate. A lot of people think that is done by sex, drugs and rock and roll however in the work we do it is mostly blokes

spending more time in their cave, working harder, longer, and talking less (some ladies might find that hard to believe). It is important that we continue to talk about some of the pain and distress that as blokes we tend to suffer alone.

We describe *primary care* as what can we do to look after ourselves and others, invariably it is about connection. Some simple things we can do:

- Talk to a Mate® – realize that we are not alone.
- Talk to whoever needs to be informed about our situation (family, financiers, advisors).
- Keep an eye on others – drop into a neighbour and have a chat and a coffee. Take the time to ask someone *are you okay?*
- Slow the pace of our life a little, join a group that fits in with our passions and interests. It will make a difference.
- Maintain our sense of humour, laugh at ourselves and with others.

...before it all gets too much...
Talk to a Mate!!®
or *Talk it Over*
1300 789 978 mensline
australia
THE REGIONAL
MEN'S HEALTH
INITIATIVE

Australians are well known for their larrikinism and humour, Edward de Bono one of the world's foremost thinkers called humour *a key lubricant for life* and often referred to humour as *social glue and the best anti despair device we have*. I think he is right on the money, when we lose our sense of humour we are bugged.

- ✕ @RMHI_4blokes
- 📢 Working with Warriors Podcast
- 🌐 regionalmenshealth.com.au





What's happening in the Southwest?



Colourful
Careers

Unlock Your
Career Potential

Join this fun and interactive Personality Dimensions workshop to explore how your personality might affect your work preferences.

- ✓ Gain confidence to enter the workforce
- ✓ Set yourself up for success
- ✓ Explore local job opportunities
- ✓ Discover potential careers matched to you

Bunbury - 2 session workshop

- **FREE to attend** ● **Catering provided**

- 🕒 Session 1 - Wednesday 3rd June 2026 - 9.30am to 2.30pm
- 🕒 Session 2 - Thursday 4th June 2026 - 9.30am to 12.30pm
- 📍 Bunbury Public Library - Parkfield Street, Bunbury

Registration Essential & More Information

- ☎ 0405 116 553 or professionalways.training@gmail.com
- Or register via the QR code



This program could be eligible for points for individuals participating in Workforce Australia under the Points Based Activation System (PBAS).



Workforce Australia Local Jobs (Local Jobs) is funded by the Australian Government Department of Employment and Workplace Relations



GET YOUR
DICE
READY!

BLACKWOOD



WINTERFEST
2026

TICKETS
ON SALE
SOON!

CALLING ALL ADVENTURERS!

JULY 18 & 19

Join us in Bridgetown for a weekend-long celebration of Dungeons & Dragons and other TTRPGs. From first-time players to veteran heroes, everyone is invited to take part in the adventure and share in some truly epic moments.

Never played before? No problem! Winterfest is a safe, inclusive space where everyone is welcome to jump in, have fun, and meet new people.

EPIC ONSHOTS ALL WEEKEND

Oneshots run all weekend at Winterfest, with morning sessions at 9:00am and afternoon sessions at 2:00pm. There's even a limited number of weekend-long campaigns running!

DUNGEONS AFTER DARK (18+)

The questing continues after dark! Join our adults-only game session, raise a drink, and roll for adventure. Drinks available for purchase at the venue.

ARE YOU A DM? VOLUNTEER WITH US?

Ready to join the adventure behind the scenes? We're looking for DMs and volunteers to help bring Winterfest to life! Scan the QR code to register, or check out our website for all the details.

www.dndwinterfest.com.au

Facebook @DnDWinterfest Instagram @dnd_winterfest

SCAN TO REGISTER!





What's happening in the Southwest?



ARE YOU VISION-IMPAIRED OR BLIND?
BUSSELTON BOWLING CLUB
12TH JUNE

JOIN US FOR ONE OF OUR TRY OUT DAYS

Vision Impaired & Blind Bowls Western Australia along with support from Australian Blind Bowlers Association, invite people with vision loss to come and try lawn bowls at Busselton Bowling Club.

Using the same greens and equipment, blind and vision-impaired bowlers regularly compete with - and beat - sighted players. Lawn bowls is also highly social & fun for all-ages. Beginners and seasoned bowlers welcome. Come and try Lawn Bowl with us.

Bowlers are supported by a sighted director on the green. Want to help? Become a blind bowls director come to our try out day on 5th June. **No experience necessary**

"Bowls gave me a place where I'm not just participating — I belong." — Mark

SCAN ME To Listen

- **Information Session Friday 5th June at 12.30**
Meeting with club players & directors
- **Try Out Day: Friday 12th June at 12.30**
Open invitation for all interested players with light finger food provided
- **Where:** Busselton Bowling Club, Busselton
- **Express your Interest by 30th May**
Email: blindbowlswa@gmail.com



FEELING HERSELF

BUNBURY, WA

An Intimate Evening

Saturday, May 9

5:00pm

Parade Hotel

- Meet the Feeling Herself team
- Drinks available at the bar
- Food available for purchase
- Curated goodie bags
- Exclusive prizes on the night

THIS IS A SPACE TO BE SEEN, HELD AND CONNECTED - WITHOUT SHRINKING.

ALL TICKET SALES CONTRIBUTE TO CREATING PERIOD PACKS FOR LOCAL WOMEN IN NEED.

LIMITED TICKETS AVAILABLE.

THIS EVENING HAS BEEN INTENTIONALLY DESIGNED TO REMAIN INTIMATE.

EMPOWERING WOMEN IN THE SOUTH WEST

WWW.FEELINGHERSELFUNBURY.COM



HOW IS YOUR CRC SUPPORTING YOU?



Access to Government Services



Economic & Business Support



Social Support



Services & Products



Building a Stronger Community

We aim to enhance community access to vital services and information that promote the economic and social development within the Shire of Harvey.

This is achieved through the delivery of community-led training, effective communication services and accessible information sharing..

CONTACT US OR CALL IN FOR A CHAT



(08) 9729 1669



events@harveycrc.com.au



5 Gibbs St, Harvey



Department of
Primary Industries and
Regional Development





Access to Government Services

- Access to local and state government information and services
- Services Australia - Centrelink Agent
- Multicultural Affairs enquiries
- General information and support



Economic & Business Support

- Assistance with business development and employment support
- Facilitation of business development activities, seminars and initiatives
- Business incubation support services; i.e. hot office and internet
- Video conference services
- Information and support



Social Support

- Referrals and/or contact information for social, health and welfare support services
- Facilitation of social development activities, seminars and initiatives
- Information and support
- Free ½ hour computer and technology lessons



Services & Products

- Provide access to services and products which have strong local demand but are not economically viable to deliver in a for-profit business model
- Essential office services such as; printing, photocopying, scan/emailing, binding, laminating etc
- Internal / External areas for hire - Private or Business use

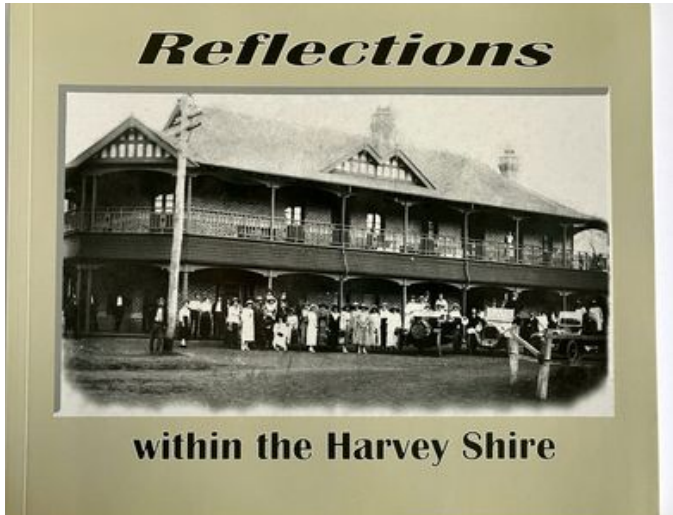


Building a Stronger Community

- Communication strategies including our community newsletter, website and social media
- Community social events
- Engagement with community via feedback, surveys and community group meetings

**Please note: fees apply to some services, prices available upon request*

WHATS FOR SALE AT HARVEY CRC



*Reflections within the Harvey
Shire by Harvey History
Online*

\$10.00 Ea
CASH ONLY

SIP 2026 - Calendars
FREE or
A Gold Coin Donation



End of Life Planners

- **\$6.00 - (Dark)**
- **\$12.00 - (Light)**

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Thank you for supporting your local CRC!



We are proud to have received the support of the following organisations over the last twelve months

Proudly supported by:



Department of
Primary Industries and
Regional Development



PROUD MEMBER OF



Proudly Members of



Agents for



Contact Us

5 Gibbs Street, Harvey WA 6220

(08) 9729 1669

events@harveycrc.com.au

harveycrc.com.au



WE WANT TO HEAR FROM YOU!

We here, at the Harvey Community Resource Centre are here for you, and we're shaping our programs for 2026.



EXPRESSION OF INTEREST

NAME: _____
PHONE: _____
EMAIL: _____

Event Interests

One-on-One Group events

Contact me via

EMAIL SMS FACEBOOK

All Events?

YES NO

*If answered no, what types of events/assistance would you be interested in?

Contact Us

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(08) 9729 1669
events@harveycrc.com.au
harveycrc.com.au

Opening Hours

Monday to Friday 8.30am - 2.30pm

Ways you can let us know:

- Fill in the form above and return it to the CRC
- Come in and have a chat or,
- Email events@harveycrc.com.au

Your voice genuinely guides what we do.