

Harvey
**Community
 Resource
 Centre**
Your local connection



HARVEY HAPPENINGS JUNE 2026



Men's Health Week 15-21 June, 2026

ADVERTISE IN THIS NEWSLETTER

Black & White or Colour
Business Card Sizing - \$12.00

6cm x 6cm - \$15.00

12cm x 6cm - \$17.00

1/4 Page - \$20.00

1/2 Page - \$40.00

Full Page - \$60.00

Advert Design / Hr - \$32.00

Ring 9729 1669

or email

marketing@harveycrc.com.au
for more information.

Would you like to subscribe to this newsletter?

You can do that by going to the website,

www.harveycrc.com.au and completing the

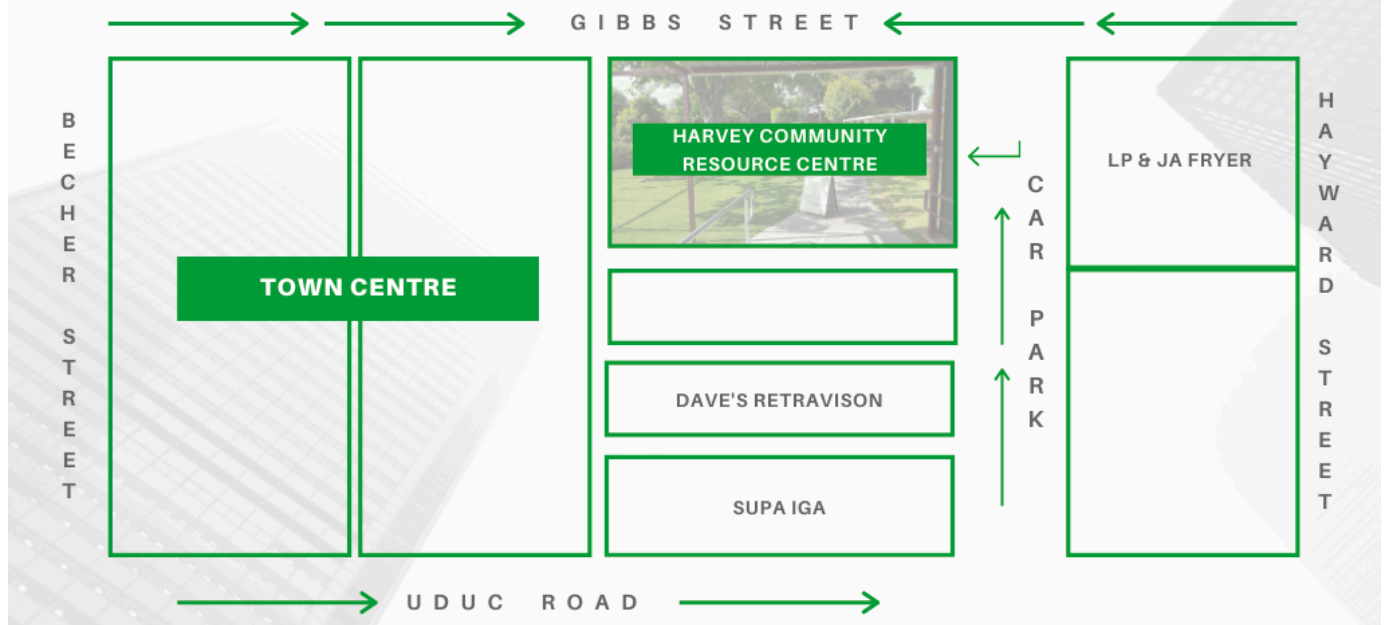
details on the home page, drop us an email at

marketing@harveycrc.com.au

OR

Just ring us on 9729 1669 and one of our friendly staff would be happy to help you.

WHERE IS YOUR CRC LOCATED?



Centre Opening Hours

Monday to Friday
8:30am to 2:30pm
(With the exception of
Public Holidays)



Welcome Jess to Our Team!

"Hi, everyone! I'm Jess, and I am so excited to complete my Community Services traineeship here at the Harvey CRC.

Many of you might know me from my 20 years in community pharmacy—16 of which have been right here in Harvey!

Helping people is my passion, especially when it comes to supporting our seniors. That is why I am also incredibly proud to step into the role of Coordinator for the Staying in Place Program.

I can't wait to connect with you all and help grow this amazing initiative for our community."

For any enquiries relating to our Staying in Place Program, please feel free to contact me via email: -

sip@harveycrc.com.au

Harvey Indoor Winter Market

Warm up this winter with an indoor market full of amazing finds, entertainment, and family fun. Bring the family along for a cosy winter morning! For more information, visit harvey.wa.gov.au

The details:
Date: Saturday, 6 June 2026
Time: 9am – 1pm
Location: Harvey Recreation and Cultural Centre



Toddler Playdate

Enjoy a morning full of smiles while the HRCC Indoor Winter Market is on!

The details:
Date: Saturday, 6 June 2026
Time: 9am – 12pm
Location: Harvey Recreation and Cultural Centre

Entry to both events is free!

For more information, call 9729 3311 or email hrcc.info@harvey.wa.gov.au



Community Grants Program 2026

The Shire of Harvey Community Grants Program is now open! The program supports initiatives that strengthen community wellbeing, sustainability, inclusivity and connection.

Thinking of applying for a grant?
 Review the Guidelines and discuss your project with the Shire's Grants Officer before applying. The Community Grants Program is delivered with the generous support of Alcoa.

Grant categories

- Community Support Grant
- Alcoa Harvey Sustainability
- Infrastructure Grant
- Partnership Agreement
- Athlete Travel Subsidy
- Youth Achievement Travel Subsidy
- Coastal Communities Fund

Apply now!



Scan me to view Community Grants Program Guidelines.



Community Grants

Visit harvey.wa.gov.au

Your local connection




Harvey Community Resource Centre

Tai Chi
Every Tuesday
from 9:30am...
Enjoy morning
tea after




events@harveycrc.com.au
5 Gibbs Street, Harvey WA 6220



**Financial
Counselling.**
It's more than
budgeting.

We visit Harvey CRC
Wednesday fortnightly

Call 9720 9200 for an
appointment.




Harvey Community Resource Centre

AVAILABLE NOW

**END-OF-LIFE
PLANNING**

**FUNDED SUPPORT
SERVICE**



HOW CAN WE HELP?

ENDURING POWER OF ATTORNEY
Provision of Enduring Power of Attorney Kit and related documents. Alternatively, make an appointment with one of our team to support you to complete the process.

HEALTH DIRECTIVE
Access Health Directive documents or make and appointment with one of our team to support you to complete the documents.

ENDURING POWER OF GUARDIANSHIP
Access to Enduring Power of Guardianship Kit and related documents. Alternatively, make an appointment with one of our team to take you through the process.

MYHEALTH RECORD
One of our friendly team will assist you to link your MyHealth Record to your MyGov account.

**Anything else?
Just ask!**

WE MAY ALSO BE ABLE TO HELP WITH

WILLS
Support to complete an online Will - basic Wills only (fees and charges will apply), or referral to a lawyer to draw up a Will for a reduced fee - collaborative partner.

MY AGED CARE WA
One of our friendly team will help you to apply online for access to My Aged Care WA.

LINKWEST

**Palliative Care
Western Australia**
Living, dying & grieving well

This project has been made possible through a Linkwest grant funded by WA Primary Health Alliance as part of the Australian Government's PHN Program

9729 1669

events@harveycrc.com.au
www.harveycrc.com.au



Harvey Community Resource Centre

**JUSTICE OF
THE PEACE**

SERVICES AVAILABLE

Thursdays by appointment only

CONTACT US TO MAKE A BOOKING

(08) 9729 1669

events@harveycrc.com.au






KAARTDIJIN DANDJOO


Learning Together



Come on a *free* cultural journey at the HRCC!

Kaartdijin Dandjoo is a free cultural learning experience taking place at the Harvey Recreation and Cultural Centre over the Noongar six seasons:

- MAKURU June/July
- DJILBA August/September
- KAMBARANG October/November
- BIRAK December/January
- BUNURU February/March
- DJERAN April/May



Registrations are essential!

Makuru Program

Our Makuru (wet season) program starts in June. It introduces you to Noongar symbols and how they are used to share stories about people, place and life on Country. You'll explore landscapes, animal tracks, traditional storytelling and the knowledge you need to create your own visual story.

Scan the QR code with your mobile phone's camera to view the Kaartdijin Dandjoo Program and register or visit harvey.wa.gov.au



Kaartdijin Dandjoo was developed with the support of the Harvey Aboriginal Corporation members.

ndis

ndis APM communities
Delivering the NDIS in your community

ndis Uplyft.
Delivering the NDIS in your community




Want to learn more about the NDIS?

Come and meet the NDIA

Take the opportunity to drop by and connect with the NDIA team in **HARVEY** to discover how we can support you

 Monday 15th June 2026

 12.30pm to 2.30pm

 **Harvey**
Harvey Community Resource Centre,
5 Gibbs St, Harvey

If you want to know more about the NDIS, the team will answer your questions and speak about what we do:



How the NDIS works



Am I eligible?



How do I apply?



Using your plan



FOODBANK

MOBILE FOOD VAN

NOW VISITS WEEKLY

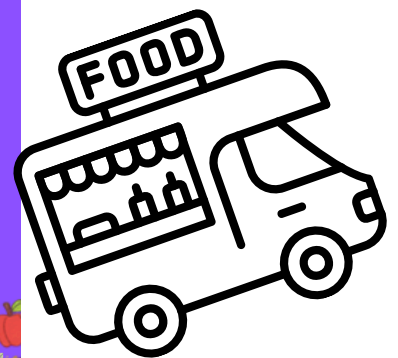
TUES 02 JUN 9:00 – 9:45 am

THURS 11 JUN 12:00 – 12:45 pm

TUES 16 JUN 9:00 – 9:45 am

THURS 25 JUN 12:00 – 12:45 pm

TUES 30 JUN 9:00 – 9:45 am



Scam alert

Watch out for mobile fraud

This Scam Alert is a joint warning from the Australian Communications and Media Authority (ACMA) and the National Anti-Scam Centre's Scamwatch.

What's happening

Criminals are committing fraud by taking control of mobile phone numbers or making unauthorised changes to phone accounts. Once they gain access to your phone, they can receive verification codes, reset passwords, restrict access to your systems, and get access to a wide range of services that rely on your mobile number for security checks, including:

- your bank accounts
- myGov
- subscription services
- rewards programs.

Some people are at risk of mobile number fraud when their email account is compromised. Mobile phone fraud can also occur when scammers gain access to your ID documents or passwords through phishing attempts and following data breaches.

Who's at risk

Anyone with a mobile phone number can be targeted by this scam. However, people who know or suspect they have been in a data breach may be at greater risk of being targeted.

Warning signs to look out for

- Unexpected alerts about changes to your mobile account.
- Verification codes you didn't request.
- Account login attempts or password reset emails you didn't initiate.
- Your phone suddenly stops working, shows no signal or switches to 'SOS only'.

If you've been affected

- If your phone stops working unexpectedly or you notice suspicious activity, contact your bank immediately then contact your phone provider.
- Change passwords on all your devices and online accounts and notify your bank or card provider straight away.
- Monitor your bank statements and account activity for anything unusual.
- If a scammer has your personal details, contact IDCARE on 1800 595 160 for support.



Star Hearing Consultants

Audiology and Tinnitus Clinic

Check our Google reviews to see what our patients say!

Clinic Location: **HARVEY CONNECT**

Experts in discreet hearing solutions

These days... hearing loss is more visible than hearing aids.

Are you a Pensioner / Veteran?

You are eligible for a **FREE** Wax Removal **FREE** Assessment and **FREE** Hearing Aids **Fully funded by Government-Hearing Service Program (HSP)**



Do you HEAR Ringing? Buzzing? Chirping? Whistling?

It's probably **TINNITUS.**

WE CAN HELP!

Tinnitus is the perception of sound when no external source is present.



To book an appointment **CALL 1800 11 4327**

WEBSITE: www.starhearing.com.au | EMAIL: starhearing@outlook.com

Clinic Location: **Harvey Connect, 105 Uduc Road, Harvey**



Services Offered

- Aged Care Respite
- NDIS-Short term accommodation
- Dementia services
- Social assistance
- Social groups
- Domestic services
- Transport service

Specialising in Respite

- Homely appointed rooms
- Home cooked meals
- Group or individual activities
- Pick up and drop home
- Short outings to places of interest
- Planned or unplanned



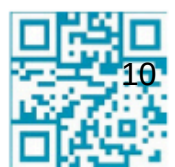
Contact the Team today!

08 9725 4699



Fully compliant organisation - trust and reliability

Info@mhi.org.au
www.mhi.org.au





Department of
Primary Industries and
Regional Development

Backyard Buddies

Your monthly guide to pests, weeds and diseases

A locust is a locust is a... grasshopper? June 2026



Photos left to right: Adult *Valanga irregularis*, juvenile *Valanga irregularis* (second & third image), adult Australian plague locust.

Did you know that all locusts are grasshoppers...but not all grasshoppers are locusts? Grasshoppers and locusts are part of the order Orthoptera, meaning 'straight-winged'. Grasshoppers are plant-eating insects with long hind legs, specialised for jumping and producing their well-known 'chirping' sound. The term 'locust' simply refers to grasshoppers which can breed and feed within large groups (swarms) and cause extensive damage to surrounding vegetation.

Getting to know our natives

In suburban gardens, people mostly tend to see the giant Australian grasshopper (*Valanga irregularis*) and less often the Australian spur-throated locust (*Austracris guttulosa*). Although these species are usually found across Northern Australia from Carnarvon to Northern NSW, they have happily taken up residence in the Perth, Peel and South-west regions during the last decade or so. Both species have very large bodies in their adult stages, ranging between 5 to 7 cm in length, with long back legs and a throat spur. Adults can live up to 12 months. The females lay their eggs in the soil in late spring, and after hatching, the nymphs change colour with each moult and can vary from shades of light green to spectacular reds with blue stripes. The adults are characterised by a strong patterned body colour, white strip on the top of their thorax, dark coloured antennae and red spines (spurs) with black tips on their hind legs.

Giant Australian grasshoppers and spur-throated locusts are often mistaken for the Australian plague locust (*Chortoicetes terminifera*). Australian plague locusts usually inhabit pastoral regions in relatively low numbers, but populations can explode with favourable weather conditions. Adults are between 2.5 to 4 cm long and vary in colour from light to dark shades of green and brown. They have a distinct dark blotch at the outer edge of the hind wing, and the inside of their hind legs are red in colour. Australian plague locusts are rarely seen outside agricultural settings.

Control

Ignoring an agricultural plague - chemical control is rarely effective or recommended in the home garden. Thankfully, a healthy garden environment can keep their numbers manageable. Young grasshoppers especially, are eaten by a wide variety of predators like birds and reptiles which control their juvenile stages. They can also be parasitised by mites, native solitary wasps, flies and nematodes. Hand removal and placing the grasshoppers in the freezer for 3 hours would be the easiest method if you are wanting to control adult grasshopper numbers. Make sure to wear strong gardening gloves as the spines on their hind legs may be sharp! If you see an unfamiliar grasshopper, report it! If there are many, try and find the largest ones as the adults are more distinctive than the nymphs. Take clear photos of the leg and body markings, antennae colour and include a ruler, pen or coin for scale.



Report your observations

[MyPestGuide® Reporter](#) via app or online mypestguide@dpird.wa.gov.au

Pest and Disease Information Service (PaDIS) 08 9368 308 | padis@dpird.wa.gov.au

FREE SIMPLE
RECIPE YOU
CAN TRY AT
HOME

Super Fruity French Toast Serves: 8



Ingredients:

- 4 Eggs
- 1 Cup Milk
- 1 tablespoon Vanilla Essence
- 4 Bananas or fruit of your choice
- 8 Slices Fruit Bread or Plain Bread
- 1 Tablespoon Icing Sugar
- 1 Teaspoon Cinnamon
- Spray Oil

Instructions:

- Crack eggs into bowl & whisk in milk & vanilla.
- Turn frypan to medium heat, spray with oil.
- Dip one piece bread into egg mix, turning over to cover each side
- Place bread into frypan & cook on each side until golden brown. Repeat with remaining pieces of bread
- Cut bananas into thin slices, or fruit of your choice, place onto cooked toast.
- Mix icing sugar & cinnamon together in a small bowl. Place mixture into small sieve & sprinkle over toast.





You can break free from vaping

The harmful chemicals in vapes

Lab testing has found over 240 chemicals in vapes, and many of them are known to be harmful to human health. For others, we simply don't know what breathing them into your lungs will do. Harmful chemicals are being discovered all the time, and new ones like radioactive polonium are being tested. This raises some serious questions about how these chemicals get into vapes and what kind of danger they might bring.

The chemicals in vapes can harm your health and make you feel unwell, impacting your everyday life. Symptoms like breathlessness, headaches and lung irritation can make it harder to work or study, and ruin social activities. Vaping can even lead to serious medical emergencies.

Nicotine

Most vapes contain nicotine even when they say they don't. Inhaling too much nicotine from vapes poisons your body. A small amount is enough to even kill a small child. Nicotine poisoning can affect you in different ways depending on your size and how much you put in your body.

Signs of poisoning:

- Headspins
- Nausea & vomiting
- Seizures
- Feeling restless or irritable
- Diarrhoea
- Confusion
- Abnormal or slow heartbeat, low blood pressure
- Extreme tiredness
- Coma
- Breathlessness, slow breathing or even no breathing

1 vape = how many cigarettes?

We did the maths and found that a 6000 puff vape can contain the same amount of nicotine as about 3 packs of cigarettes.

Vapes are designed so that the nicotine is easy to inhale. This makes it easier to take more hits in a short time and absorb more nicotine into your lungs and blood in one session than you would if you were smoking cigarettes.

Thinking about quitting?

[Book an appointment with your doctor](#)

- If you are struggling with nicotine withdrawal symptoms that aren't getting better, your doctor can help. They can give you advice on nicotine replacement therapy and link you with other support services.

[Call the Quitline \(13 7848\)](#). Their trained Quitline counsellors can:

- tailor a quit plan to suit you,
- help you work through your triggers and
- provide new tips to fight cravings.

Whether you're just thinking about quitting or you've tried 20 times already, Quitline would love to hear from you.

If talking on the phone is not your thing, you can also send them a message on [Messenger](#), or [Webchat](#) .

Chat to those who matter most

Share your plans to quit with a trusted friend or mentor (e.g., coach, counsellor, or close family member) and reach out for support.

Talk to your loved ones about your decision to quit.

They can support you by:

- Reminding you why you want to quit.
- Distracting you when you have cravings or helping you find the best craving busters.
- Booking or attending appointments with you.
- Celebrating your vape-free milestones.

Don't be too hard on yourself if you vape again.

Quitting vapes can be a journey and you may stumble or go back to vaping – this doesn't mean you've failed. Many vapes contain high levels of nicotine which can make stopping challenging. Next time around you'll know what worked and what didn't. Keep trying and you will quit.

For more information and support visit www.cleartheair.org.au/

MEN'S HEALTH FACTS

KYMF
#KnowYourManFacts

www.knowyourmanfacts.com

Key facts we all need to know about men's health



50 men a day die from preventable causes



Better Wealth = Better Health



1 in 5 men die before the age of 65

Know Your Risks



Watch Your Habits



Know Your Numbers



Check Your Environment



Take Action



Mind Your Body

Staying mentally healthy improves your physical health



Get Checked

Know what health checks are right for you



Choose One Thing

Make one change for the good of your health

You can be a men's health champion



1

Know the facts



2

Take action



3

Tell your mates

#MensHealthWeek
9-15 June 2025

KYMF
#KnowYourManFacts

AMHF
AUSTRALIAN MEN'S HEALTH FORUM



Regional Column

Consumer Protection 140 William Street Perth Western Australia 6000
Email: cpmedia@lgirs.wa.gov.au | www.consumerprotection.wa.gov.au | www.wa.gov.au

With Senior Regional Officer for the South West, Annetta Bellingeri

Do you know what your consumer rights are for restaurant surcharges?

We've been hearing an increase in restaurants and cafes adding on a surcharge recently and if you have come across this you should be aware of the rules around surcharges.

We commonly see surcharges added during public holidays or weekends as restaurants must pay their staff penalty rates so they may choose to pass on these extra costs to you.

Food businesses are generally allowed to set their own prices, and we understand why they may choose to add a surcharge – staying afloat is tough, but paying a surcharge should never come as a surprise to you.

As a consumer, when you go to a restaurant or café, you should be made aware of any surcharges, and it must be displayed in an obvious way, so you are aware of it before you decide to order or buy any items.

This could be as simple as a sign on the door of the business that clearly states there is a surcharge on food.

Another way is for the business to add wording on the menu or price board that says there's a surcharge. This statement must be easy to see and noticeable, so every customer knows the price displayed for each item will not be the final price charged.

If your local restaurant or café fails to let you know your food is going to cost a little more this may be a breach of the Australian Consumer Law.

There's no limit on what the surcharge could be, but it should reasonably reflect the additional costs a business might be incurring, and if it doesn't, it could be challenged.

If a restaurant is adding on a credit card surcharge, this is different. They can only charge what it costs to process the payment on card. This would be for bank fees or terminal costs, and they must be able to prove those costs.

A lesser-known rule for restaurants and cafes to keep in mind is that if there is no other way for someone to pay without incurring a surcharge, then the business must include that fee in the displayed price.

Continued ...

Regional Column

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Do you know what your consumer rights are for restaurant surcharges?

For example, as a restaurant owner, you charge \$5 for side of hot chips, but you do not accept cash so that means all card payments will have a surcharge - then it is not possible for your customers to buy those chips for \$5. If the surcharge is 1% then the price displayed must clearly be \$5.05 so a customer can easily tell exactly how much the side of chips cost.

Passing on the cost of processing debit and credit card payments is not mandatory for businesses, and many incorporate these costs in their overheads.

However, it's important to note that from 1 October, 2026 the Reserve Bank of Australia will ban surcharges on debit, prepaid, and credit card transactions.

Remember, purchasing goods or services is entering into an agreement with a seller. You do not have to agree to make the purchase if the payment methods or final price aren't acceptable to you.

Surcharges must be clearly disclosed upfront and must not be misleading or deceptive. If you feel you have been misled by a business about surcharges, have a chat with the owner or manager first about it and see if they can help rectify it.

For further information or advice, contact Consumer Protection on 1300 30 40 54 or email consumer@lgirs.wa.gov.au



WARRIOR WELLBEING ARTICLE



Communication Differences

BY THE REGIONAL MEN'S HEALTH INITIATIVE
June 2026

As blokes we often get told *men just don't talk!* However, in the work we do we have come to realise that when given the right circumstances and a safe environment, blokes do talk. Sometimes this involves us disclosing personal issues or just telling our story.

In our modern society we seem to have increased life pressures to the point where we reach breaking point in our relationships. Relationships are more than just our partners and can include our workplace interactions, dealing with children or even our parents. We need to encourage understanding of the *need to listen and be heard* in all relationships. Sometimes we are guilty of misunderstanding someone of the opposite sex. We need to maintain the basics when communicating; talking, listening, taking time to hear and be heard and not just acknowledging and contributing a few fleeting words on the run.



Modern technology, even though it is part of the mix, can never replace the basic need for face-to-face communication. Most of our communication is non-verbal, so when we don't have access to a person's body language, messages are often misunderstood.

To achieve more effective communication, firstly we must acknowledge the differences between the genders (men are hardwired differently, are risk takers, winners and problem solvers), and secondly,

differ on how we go about communicating. There is no right or wrong, but we need to recognise the differences such as:

- Blokes generally talk less than ladies.
- Ladies speak in a narrative way.
- Single word answers (yes/no/good/ok) are often valid responses for blokes.
- Blokes find it harder to talk about their emotions, we are hardwired differently but over time have also been conditioned not to talk.

Men, in particular, are challenged by their lack of verbal skills, so we need to recognise when we are worried, be encouraged to seek help and importantly be asked what the problem is. We need to question, *has he resolved the problem and how has he resolved the problem?*

One of the most difficult things for men and women is the ability to discuss issues with the significant people in their lives. These issues can be about relationships, children, farm ownership, health and a range of other matters which affect our inner wellbeing. Often the *unspoken issues* create long term destructive relationship issues that are difficult to resolve.

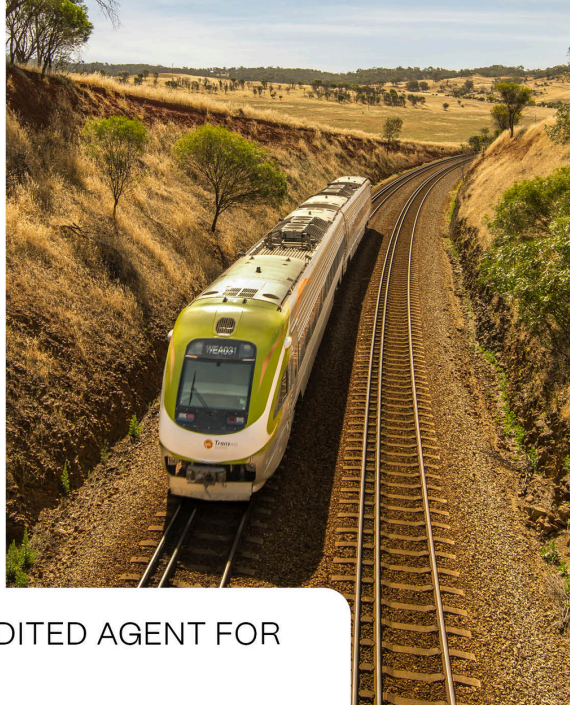
We need to develop positive communication skills. Some useful tips aimed at assisting with a more productive outcome when communicating, include:

- Choosing the right environment.
- Timing is an important factor to consider - make time.
- When discussing an issue be open to alternate solutions and a realistic compromise.
- Be prepared to listen, listen, listen!
- Identify the relevant mates you can *trust* to discuss matters of concern.
- Getting help if all else is failing.

✕ @RMHI_4blokes

📢 Working with Warriors Podcast

🌐 regionalmenshealth.com.au



WE'RE AN ACCREDITED AGENT FOR



Transwa



**Pop in to see us &
Book Your Tickets!**

Opening Times
Monday to Friday
8:30am to 2:30pm
(With the exception of Public
Holidays)

Location
5 Gibbs Street Harvey
WA 6220

AS YOUR LOCAL SERVICES AUSTRALIA AGENT

- WHAT CAN WE HELP YOU WITH?

At this Services Australia Agent you can:



USE OUR COMPUTER

to access my.gov.au and other government services and information



USE OUR PHONE

to access the agency's self service options or to speak with us



ACCESS FREE WI-FI 24/7

to connect to government services - no password required



USE OUR EQUIPMENT

to upload, print and photocopy documents



GET YOUR IDENTITY DOCUMENTS CERTIFIED



Agents can:

- help you to set up and access digital services
- help you find information online about payments and services
- arrange referrals to specialist services.



Agents can't:

- access your records
- make decisions about or change your payments or debts
- issue a Medicare card or Health Care Card
- do customer interviews
- contact the agency to get information about your payments or entitlements, without your permission.

Agents aren't Services Australia staff.



OUR VISITING OUTREACH SERVICES

Oseca - (Formerly GP Down South)

Oseca (Formerly GP Downsouth) is a not-for-profit community organisation providing health and well-being services in the South West and Peel regions of WA.

In the Peel region, they operate Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre, the Peel Youth Medical Service (including the 3 Tier Youth Mental Health Program) and the Peel Mobile Health Service. In the South West, they provide Mental Health Services, Community Child Health Service and Aboriginal Health Services.

Consultations: Monday fortnightly and Wednesday weekly
Appointments Essential
Call 9754 3662 for appointments

Accordwest

"Here for you in your time of need"

Emergency Relief is available to individuals and families throughout the South West Region. The following will be required: 2 forms of ID, recent income statement or payslip and further documents may be requested.

By Appointment Only
Call 1800 115 799 for appointments

Busy Group

The BUSY Group is a not-for-profit organisation that began in 1977 with a vision to have more people in jobs, more people learning new skills, and more communities exposed to positive change, in partnership with employers and industry.

Available Mondays & Thursdays
Call [\(08\) 6165 3362](tel:0861653362) for more information or to make an appointment

Anglicare Financial Counselling

Anglicare WA's Financial Counsellors are qualified to:

- Make assessments
- Provide information and options to address financial problems
- Assist with resolutions if necessary
- Advocate and negotiate with creditors
- Make referrals to other useful services in the community
- Provide information about government assistance
- Support a client in developing their own budget
- Relay relevant information about consumer credit and bankruptcy

Services include solving immediate problems and also teaching clients how to maintain their own financial stability.

Available every second Wednesday
9.30am to 2.30pm
Appointment is Essential
Call 9720 9200 for appointments

Youth Focus

Youth Focus has launched a new service to support young people and their families in Capel and Harvey. The Care Navigation Service helps young people aged 12 to 25 connect with the right services and support in their community, based on their current needs. The Youth Focus Care Navigator can provide you with information, resources, and guide you to the services you need

Available fortnightly on Tuesday
Call 0439 108 380 for more information or to make an appointment



Harvey

Community Resource Centre

Your local connection 20





What's happening in the Southwest?




South West Information & Pizza Night

Thinking about studying at ECU? Learn about our courses, pathways, support services and more, speak with South West teaching staff and enjoy free pizza!

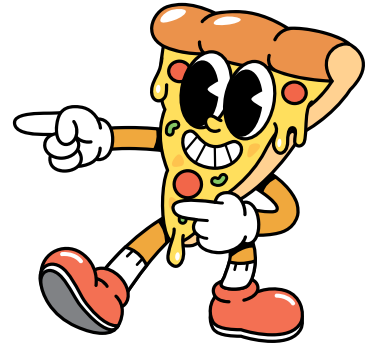
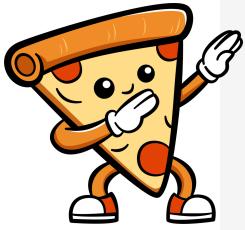
 Tuesday 9 June 2026

 6pm - 7:30pm

 ECU South West Building 6
585 Robertson Drive Bunbury WA 6230

REGISTER NOW!

<https://www.trybooking.com/DJEJG>



GET YOUR DICE READY!

BLACKWOOD WINTERFEST 2026

TICKETS ON SALE SOON!

CALLING ALL ADVENTURERS! JULY 18 & 19

Join us in Bridgetown for a weekend-long celebration of Dungeons & Dragons and other TTRPGs. From first-time players to veteran heroes, everyone is invited to take part in the adventure and share in some truly epic moments.

Never played before? No problem! Winterfest is a safe, inclusive space where everyone is welcome to jump in, have fun, and meet new people.

EPIC ONSHOTS ALL WEEKEND

Oneshots run all weekend at Winterfest, with morning sessions at 9:00am and afternoon sessions at 2:00pm. There's even a limited number of weekend-long campaigns running!



DUNGEONS AFTER DARK (18+)

The questing continues after dark! Join our adults-only game session, raise a drink, and roll for adventure. Drinks available for purchase at the venue.

ARE YOU A DM? VOLUNTEER WITH US?

Ready to join the adventure behind the scenes? We're looking for DMs and volunteers to help bring Winterfest to life! Scan the QR code to register, or check out our website for all the details.

www.dndwinterfest.com.au

 @DnDWinterfest  @dnd_winterfest

SCAN TO REGISTER!





What's happening in the Southwest?




Protective Behaviours

For Parents & Carers

Help Keep Children Safe, Confident & Empowered

Join us for an engaging and practical workshop designed to help parents and carers support children in understanding personal safety, building resilience, and developing confidence.

Open to parents, carers, guardians and anyone supporting children's wellbeing.

What you'll learn:

- What protective behaviours are and why they matter
- How to teach children about feeling safe and unsafe
- Recognising early warning signs in children
- Practical strategies to build confidence and resilience
- How to create a trusted support network for your child
- Practical tools you can use immediately

When: Thursday 25 June, 2026

Time: 12.00pm-2.30pm

Where: Carey Park Child and Parent Centre, (within Carey Park Primary School) 36 Ecclestone St, Carey Park

Cost: FREE, light refreshments provided
Creche available.

RSVP: Bookings essential. Please call Bunbury 4families on 6164 0600



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